BEHIND THE MASK

PNG's best festivals revealed

CRUISE CONTROL

Seeing PNG in style, by sea.

CITY GUIDE

Everything you need to know about Manila

EXCLUSIVE CARRIER

INTO THE WILD

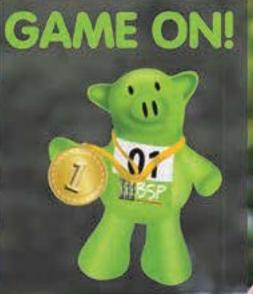
A journey along the Karawari River

















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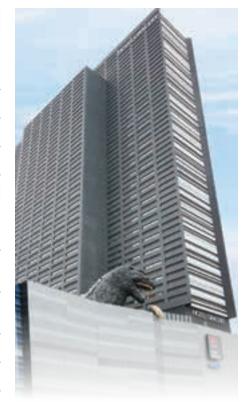
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PEOPLE, COMPANIES, INDUSTRIES



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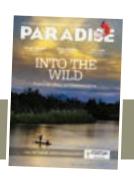
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Cover photo: Tranquil times on the Karawari River. Picture: Chris McLennan





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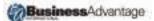
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Whether it's working, playing or officiating, our staff are proud to to be part of the Pacific Games.





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Welcome aboard



apua New Guinea hosts the 2015 Pacific Games in July, and Air Niugini is proud to be a gold supporter and official carrier for the Games.

The Pacific Games present a wonderful opportunity for PNG to showcase its many natural and cultural attractions, as well as organise the region's major sporting event held every four years.

It will once again be a privilege to welcome to PNG His Royal Highness

Prince Andrew, The Duke of York, who will officially open the Games — as he did when the Games were last held here in 1991.

The Pacific Games, previously known as the South Pacific Games, will mark the beginning of a series of major events in PNG associated with the celebration of the $40^{\rm th}$ anniversary of Independence in September.

The Games will bring together more than 4000 athletes and officials from 24 Pacific nations, competing in 28 sports spread over 16 days at 14 venues, many of them new facilities constructed with substantial national government funding.

These facilities will benefit the athletes and spectators during the Games and will be available for the future use of the people of our sports-loving nation, and for future competitions.

As the official carrier, Air Niugini will have a key role in transporting athletes, officials, and visitors to Port Moresby, and to help ensure they are safely delivered to their home countries when the Games conclude.

This is a challenging logistical exercise, but one I am certain our national airline will manage efficiently, and with the same friendly service for which Air Niugini has rightly gained a high regional and international reputation.

I hope our visitors will take the opportunity to visit one or more other centres and communities across our vast and interesting nation. Air Niugini has a range of competitive airfares, and accommodation and ground transport options, to help our visitors do so.

PNG is a nation offering so many different opportunities for visitors, most of which are served by Air Niugini. From the Highlands to the islands and along our vast coastlines, it is an experience to be remembered for a lifetime.

The hosting of the Pacific Games comes at the same time as Air Niugini expands its services in the Pacific and develops Port Moresby as the regional hub to the major destinations in South East Asia and beyond. In the next few months we will be able to offer Pacific island travellers same-day journeys via Port Moresby to Hong Kong, Manila, Singapore. Bali and Japan.

The next issue of *Paradise* will focus on the celebration of four decades of Independence and nationhood in September.

Air Niugini pre-dated Independence by almost two years, but the national airline has grown with the nation and is proud of its contribution to the country's strong economic progress, and its provision of safe and reliable air services.

We have much to celebrate, and Air Niugini will be offering special fares and incentives to help ensure as many of our people – and visitors – can join in the 40^{th} anniversary of our Independence.

Welcome aboard, enjoy your flight! And good luck to the Games competitors!

and

Sir Frederick Reiher, KCMG, KBE Chairman, Air Niugini Limited.



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ANZ in Papus New Guinea at a glance:

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- We've been in PNG since 1910 and we're here to stay
- Largest International bank in PNG
- Offerings in Structured Deals and Trade Loans
- Award winning Mobile Phone Banking product
- We've driven our Financial Literacy programme. MoneyMinded to the community since 2010



Link PNG launches Losuia flights



Link PNG's focus is to ensure regular, reliable, safe and affordable services to the more remote parts of Papua New Guinea.

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Sealed with a handshake and exchange of gifts ... Air Niugini chairman, Sir Frederick Reiher, and the paramount chief of Kiriwana, Daniel Pulayasi, at the Link PNG launch of air services into Losuia Airport; a Trobriand sing-sing group, dignitaries and guests gather at the launch.

ir Niugini's subsidiary company, Link PNG, has started flying to Losuia Airport in Kiriwina, in the Milne Bay Province.

The Minister for Public
Enterprise and State Investment,
Ben Micah, launched the service
and commended Link PNG for
ensuring that remote and lessprofitable routes are not only
maintained, but progressively
expanded to meet the growing
transport needs of the country.

"Link PNG's focus is to ensure regular, reliable, safe and affordable services to the more remote parts of Papua New Guinea and it's great to see Link PNG connecting this beautiful part of the country to the rest of Papua New Guinea."

Air Niugini chairman, Sir Frederick Reiher, said at the launch that Link PNG is happy to provide services to people in remote areas and that the inclusion of Losuia brings the total Link PNG destinations to 14.

"Like most parts of Milne Bay, Kiriwina does have a lot to provide in terms of district services and tourism. Your many beautiful islands are just breathtaking. Marine life — together with your lively, preserved culture — provides a lot for tourists to see and experience. Link PNG is happy that it is now able to connect your island with the rest of the country."

Scheduled flights operate twice a week: every Monday and Friday. Losuia Airport is on



Kiriwina Island, which is part of the Trobriand group of islands.

In addition to the Losuia service, Link PNG has also introduced daily services to Kiunga, Hagen, and Lae via Rabaul.

The airline is also planning to expand its services to other

smaller airports in New Britain, New Ireland, Sandaun, East Sepik, Oro and Morobe provinces.

All Link PNG services are operated by the airline's Dash 8 fleet.

For more information, see www.facebook.com/linkpng.









New Paradise lounge points the way forward

ir Niugini Executive Club members (and executive travellers with Air Niugini's codeshare partners, including Qantas) will notice quite a change at Jacksons International Airport, with the opening of Air Niugini's new Paradise Lounge.

It has been relocated and redeveloped in the International Terminal, to standards comparable with any airline lounge worldwide, in a project that took seven months to complete.

Once you've been greeted by the friendly reception staff, the first thing you will notice is the enormous increase in space —there's now room for 145 passengers to sit in comfort, compared to 48 in our old lounge.

As well as significantly more space, it has a range of comforts and conveniences designed to make every journey you take with Air Niugini even more of a pleasure.

You can relax in a comfortable armchair, freshen up with a shower, enjoy free WiFi, watch TV, or charge up your laptop or mobile phone at one of the workstations.

Then, there's the food and refreshments, which is nothing short of a revolution.

Air Niugini has partnered with Port Moresby's own Crowne Plaza Hotel to develop an upmarket, international-quality menu featuring gourmet meals and snacks, as well as a wide range of alcoholic and soft beverages. Food is prepared on site in a special kitchen using the best available ingredients: there are main meals, salads, fresh-baked scones, barista-style coffee and much more.

"The lounge is also family friendly, with baby changing tables for guests travelling with children. There are also facilities for those with disabilities," points out Michael Boyacii, head of Air Niugini's customers and markets division.

"The new Paradise Lounge at Jacksons represents the start of a rollout of new lounges for our Executive Club members.

"A new lounge, based on the same decor, will open at Mount Hagen's redeveloped airport in August, while our Lae travellers can expect a new upmarket lounge at Nadzab Airport later this year too."

FOKKER 70 JOINS THE FLEET

Air Niugini recently took delivery of a new addition to its fleet—a Fokker 70 aircraft. Christened Mt Hagen, the aircraft made its maiden flight to the Western Highlands Province capital in late April.

With its ability to fly at higher altitudes than the airline's Dash 8s, the twin-engined

medium range Fokker 70 offers a faster, smoother and quieter flying experience. It is already being used on selected domestic and international routes.

Phone 180 3444 or visit your nearest Air Niugini Travel Centre to learn more about which scheduled flights will be serviced by the Fokker 70.



A sing-sing welcome ... performers greet the inaugural flight of the Fokker 70 at Mount Hagen's Kagamuga Airport.



Engineers training in NZ, Australia

en Air Niugini cadet engineers, including two women, have started on-the-job training with Hawker Pacific in Cairns.
This follows the completion of their two years of training with Air New Zealand's Aviation Institute in Christchurch.

The training in Cairns includes nine months of aeronautics, covering modules such as avionics and mechanics.

Cadet engineer Solomon Kawage says the two years in NZ were challenging for the group, but also exciting.

"We were exposed to bigger aircraft and had the chance to work alongside people from other nationalities. We were also exposed to new weather. Although it was difficult in the first few months, we got used to it as the days and months went by."

Cadet Linda Eremas says the group is grateful for the opportunity provided by Air Niugini.



Cadets ... Air Niugini's trainee engineers.

"We know we owe Air Niugini with the two years in New Zealand and now the training in Australia. We cannot wait to come back and give back the service to our own people."

Her words of advice to up-and-coming cadets is: "It's not a game, it's tough. You must have the right attitude and always be on top of your game."

Meanwhile, a new group of four cadets has departed for training in NZ. The group consists of Raphael Purkii, Brian Pessie, Douglas Marita and Arleena Kukari, the only woman.

They were chosen after an intensive recruitment and selection process, which received more than 1000 applicants from secondary schools and universities.

Air Niugini invests heavily in the training of its staff, including the cadet engineers and pilots. The cost of training a cadet engineer over a four-year period is PGK600,000. Air Niugini's total training budget for this year is PGK16.5 million.

Air Niugini is also investing in hangar facilities at Jacksons International Airport, so that heavy maintenance of aircraft can be done in PNG. This will reduce overseas expenditure as well as increase the number of PNG engineering staff.

Air Niugini revived its aircraft maintenance engineer cadet scheme four years ago. It's an intensive recruitment and selection process, which considers those within the age range of 18-25, with a minimum of Grade 12 education with A or B passes in physics, applied maths, maths A, applied English, or PETT certification.

Currently, Air Niugini has 39 cadets, including six women, training in NZ and Australia. ■

HIGH PRAISE FOR AIRLINE MANAGER



Commended ... Pauline Tabua with Air Niugini's CEO, Simon Foo.

Air Niugini manager Pauline Tabua has been commended for her valuable contribution and loyalty to the airline. Based at the international terminal at Port Moresby, she has been praised for her initiative and customer service, above and beyond the call of duty.

Air Niugini chief executive officer, Simon Foo, presented her with a CEO's commendation letter. "Her dedication to duty beyond her normal line of work is impressive; we have received a lot of positive feedback from customers."

Ms Tabua rates customer service as very important. "Good customer service is important for the success of any organisation."

She has worked with Air Niugini for 31 years.







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DEPARTURE LOUNCE

NEWS, BRIEFINGS, LOCAL KNOWLEDGE

Paradise Q&A: Andrew Moutu

The director of the National Museum and Art Gallery in Port Moresby says a new exhibition will display PNG art works that have never been shown in public previously.

Q: What will people see at the *Built on Culture Exhibition:* the Art of Papua New Guinea?

A: The exhibition celebrates 40 years of PNG Independence and will have 100 outstanding works from the museum's collection of 80,000 objects. There will be stone sculptures from thousands of years ago and stunning works of art made in recent years. It will include paintings and prints by Mathias Kauage, Jakupa Ako and Timothy Akis, who, at about the time of PNG's Independence, forged a new style of art fusing traditional stories with new forms of expression.

Q: What do you think is the most amazing item on show?

A: A Simbai headdress. It is not old, but to make this headdress you must collect thousands of beetles. These iridescent, green insect heads are then carefully placed in a spiral around this melon-like hat. The piece is finished off with *cus cus* fur bands and cockatoo and cassowary feathers.

Q: How old are some of the items?

A: Two of the oldest are stone sculptures made some 5000 years ago in the Highlands. One is a bird-shaped pestle, which is the hand-held part of a grinding set.

Q: How have these magnificent items come into the possession of the museum?

A: Some of the collections were acquired as early as 1886. In the 1950s there was an official collection sanctioned by the government to gather artefacts from different parts of PNG. Some other items come in as gifts and confiscations of illegal exports. The bulk is collected by the museum, or through collaborations with other organisations.

Q: How are items sourced these days?A: The collection is still growing through a variety of

A: The collection is still growing through a variety of ways. The museum, for example, worked with Exxon Mobil on archaeological surveys in advance of the LNG pipeline project from the Highlands to the Gulf district. The survey unearthed a significant number of objects, including stone tools from 30,000 years ago.

Q: Is it possible to see the items outside of this exhibition?

A: Almost all of the objects in this exhibition have never been on public display before. With the assistance of the Australian Government, in repairing the museum building and renovating some galleries, there will be opportunities for further displays.

Q: When does the exhibition start and finish?

A: It opens on September 16 and will be on display until 2016.

The National Museum and Art Gallery is next to Parliament House on Independence Drive, Port Moresby. It is open 9am—3pm Monday to Friday, closed on Saturday, and open on Sunday, 1—3pm. See museumpng.gov.pg.

The Built on Culture exhibition is supported by the Australian Government through the Australian aid program.



14 Paradise – Air Niugini's in-flight magazine

WITH ROBERT UPE

Rabaul set for war anniversary

he 70th anniversary of Victory in the Pacific (VP Day) will be celebrated on August 15, marking the end of World War 2 with Japan's unconditional surrender to the Allies.

The commemoration will be particularly poignant in Rabaul, where the Japanese perpetrated a massacre of Australian troops.

The Rabaul events include a Dawn Service, a Gunfire breakfast at the Rabaul Yacht Club, and lunch and Two-Up at the Ralum Club.

War historian and PNG trekking operator David Howell says that during World War 2 Rabaul was a strategic asset having an excellent harbour and two nearby airfields, at Lakunai and Vunakanau.

The 1396-strong Australian Lark Force was sent there to protect it from Japanese invasion, but was overrun by 5000 Japanese troops on January 23, 1942.

"Resistance lasted only hours before the Australians were ordered to disperse in an 'every man for himself' withdrawal," Howell says. "No contingency plans were in place for retreat, chaos ensued and Lark Force disintegrated."

The soldiers fled into the jungle, along what is known today as the Lark Force Wilderness Track.

Although some men escaped by boat, most were captured. On February 3, 160 were massacred at the Tol Plantation on the shores of Wide Bay.

Months later, 845 Australian soldiers and 208 civilians, captured at New Britain and New Ireland, were killed when the Japanese transport ship *Montevideo Maru* was mistakenly sunk by the submarine USS Sturgeon.

New Britain remained the main Japanese base throughout the Pacific War, and it was from here that Japanese campaigns, such as Kokoda and Guadalcanal, were launched.

Today, the 60-kilometre Lark Force Wilderness Track can be undertaken with a number of commercial operators, including a 10-day walk with Howell's Kokoda Historical.

"The trek takes hikers into the heart of the jungle where the massacre took place," Howell says. "There's a memorial there and we make a short stop for a service to honour the men that died."

The escorted trek starts in Rabaul with a tour of Japanese underground tunnels and a visit to the New Guinea Club, which has survived volcanic eruptions, Japanese occupation and Allied bombing.

The trekking proper includes creek crossings and log bridges, with accommodation in village guesthouses and camps.

Air Niugini flies regularly from Port Moresby and Cairns to Rabaul. See airniugini.com.pg. For more about the Lark Force Wilderness

Track, see kokodahistorical.com.au. The next trek will start on August 17.





PACIFIC GAMES FERVOUR SWEEPS THE NATION

The Pacific Games baton relay, which started a 100-day journey around Papua New Guinea in March, has captured the hearts and minds of the nation.

Large crowds have greeted the baton as it has been carried over roads (pictured), bush tracks, rivers and up mountains to each of PNG's 22 provinces.

The Games, due to start in Port Moresby on July 4, will attract thousands of athletes and spectators, over 16 days and 14 venues

The PNG team has 600 athletes competing in sports such as athletics, weightlifting, boxing, cricket, netball and swimming.

In all, there will be 4000 athletes competing from 24 countries, many of them housed in the new Games village at the University of PNG.

Air Niugini is a major supporter of the Games and the exclusive carrier of the athletes and officials.

The airline has emblazoned three of its aircraft – two Boeing 737s and a Fokker 100 – with the logo of the 2015 Pacific Games, which shows a *lagatoi* (double-hulled canoe).

For more about the Games, see portmoresby2015.com.

Games schedule and update, page 90.





magine waking up in your hotel room with movie monster Godzilla staring through the window.

That's exactly the scene that could greet you if you check into Tokyo's 910-room Hotel Gracery, a Godzilla-themed property that opened only a few months ago.

The 30-storey hotel is in the buzzing Shinjuku entertainment

district. There are two styles of Godzilla-themed rooms. The single "view" rooms have the life-size replica of the monster's head looking into the window and the twin "Godzilla Room", on the top floor of the hotel, has a life-size Godzilla claw sticking out of a wall and looming over the beds.

The "Godzilla Room" also has a Godzilla figure standing

in the room, a Godzilla-themed bathroom, photos and an interior paint scheme that makes you feel like you are in a movie with the oversized lizard.

Guests staying in this room (booked out months in advance) also get to purchase Godzillathemed merchandise not available anywhere else.



Creature comforts ... gulp, that is Godzilla out there!

The hotel is built over the Toho Cinema. Toho is the film company that turned the reptilian city-stomping monster into a pop-culture hit. He has appeared in 28 films, with the next to be released in 2016.

Rooms start from about PGK300.

Air Niugini flies from Port Moresby to Toyko weekly. See airniugini.com.pg, shinjuku.gracery.com.

NUMBER CRUNCH

......

That's the ranking of Air Niugini on a list of Papua New Guinea's most recognisable home-grown brands. The PNG website Skerah ran a survey to determine the rankings. The top brands include: (1) SP Brewery (2) BSP (3) Trukai (4) Air Niugini (5) Ramu Sugar.

For the full list and story, see page 130.

Traffic flows over new Flyover

ort Moresby's PGK161
million Kumul Flyover has
opened, providing a faster
and more efficient route
from Jacksons International
Airport into Waigani.

The four-lane, 600-metre concrete superstructure was opened on May 31. It also includes a new 2.2-kilometre, four-lane road



between the Airport roundabout and the Independence roundabout.

The project delivered by the Hawkins Group, employed 800 local people, from various trades, as well engineers, administrators and health and safety staff who worked alongside an international team.

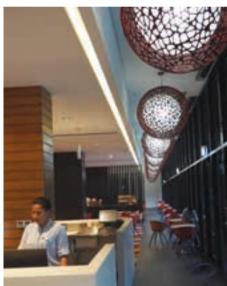
The flyover has been designed to withstand earth tremors and required more than 20,000 cubic metres of concrete, enough to fill 32 swimming pools.

Hawkins is a privately owned New Zealand infrastructure and construction business. ■



Holiday Inn Express opens in Port Moresby





ort Moresby's hotel boom is continuing with the opening of the 199-room, budget-priced Holiday Inn Express.

The hotel opened in the Waigani district in April, right next to the existing 153-room Holiday Inn and its 86 apartments.

Majority-owned by PNG interests, the threestar property is managed by one of the world's largest hotel companies, IHG (InterContinental Hotels), which also manages the Crowne Plaza in Port Moresby's CBD.

Worldwide, IHG manages nearly 2400 Holiday Inn Express hotels, but the Port Moresby Holiday Inn Express is the first of the brand to open in the Australasia/Pacific region. (Holiday Inn Express is set to debut in Australia next year).

"The Holiday Inn Express brand is what we call a select service hotel," says Tim Pollock, area general manager for IHG in PNG. "It provides everything you need and nothing you don't."

The room rate (the Holiday Inn Express is more than PGK100 cheaper a night than the adjacent Holiday Inn) is kept to a minimum by only providing the services that guests want, while still providing a high level of comfort and amenity.

There is no porter service or room service as this is not what Holiday Inn Express guests are looking for, according to the hotel chain.

But there is a small dining menu, and breakfast and internet are included in the room rate.

Every room is the same size - 22 square metres - and, while compact, provides everything the business traveller on a budget needs: an ensuite, TV and work desk.

There are two sleeping configurations — queen bed or two single beds.

"Overseas, our main competition is quite varied, with the brand able to compete very well against other hotels in the mid-scale market," Pollock says.

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The room rate is kept to a minimum by only providing the services that guests want, while still providing a high level of comfort and amenity.

99

"In Port Moresby, we're competing with hotels like the Lamana, Gateway and Ela Beach," he says.

During the PNG LNG project construction boom, hotel tariffs in Port Moresby rose significantly in response to higher demand. With the boom over, and some hotels experiencing lower occupancy rates, Pollock thinks hotel prices in the capital are no longer over inflated.





PNG surfers shape up

apua New Guinean surfers in Madang were recently shown some of the techniques of timber surfboard building by Australian shapers Tom Wegener and Bryan Bates.

They shaped balsa boards with axes, machetes and other hand tools.

Surfing Association of PNG (SAPNG) president and co-founder Andrew Abel hopes the training may lead to an ongoing industry.

He says balsa trees are in abundance in PNG's jungles and that the boards – with round noses, square tails and no fins - can be sold to tourists as well as be used by the locals.

The training was provided to Tupira Surf Club members who came from Tayulte. Tupira, Simbini, Rurunat and Suara villages.

Abel says it came about thanks to the connections of Supreme Court judge, Justice Nicholas Kirriwom, and Nicki Wynnychuck.

Justice Kirriwom is the patron of Tupira Surf Club and Wynnychuck is a surf camp manager.

Abel says the SAPNG, set up 28 years ago, has grown beyond "just a surf movement".

"It is now a movement for positive change and empowerment."

He says the SAPNG is already empowering women with its Pink Nose surfboard campaign, which encourages women to surf and addresses issues of equal rights and domestic violence against women.

Now, he says, the training in surfboard shaping has empowered the men who participated, by providing them with the finer skills of timber board shaping, as practised by the ancient Hawaiians.













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new medical and training ship, the MV YWAM PNG, has completed its first outreach program in Papua New Guinea after being christened by the Prime Minister, Peter O'Neill, in Port Moresby.

The 20-day outreach in the Gulf, Western and Central

provinces delivered health care and training to 2788 people in 36 villages. The health care included immunisations, dental procedures, health promotion and the distribution of preventative health resources.

The 100 volunteers on board the converted catamaran, formerly used as a cruise ship, include doctors, dentists and optometrists.

YWAM (Youth With A Mission) is a Christian movement that has been operating around the world for 30 years, and in the Pacific since 1991.

Its managing director, Ken Mulligan, says he was thrilled with the ship's first voyage.

"We were able to visit three times as many villages and deliver almost four times as many immunisations compared to what we were able to achieve with our former ship, the MV Pacific Link, over the same time frame.

"We have only just begun to see what's possible with the MV YWAM PNG — we are looking forward to building the operating theatre, laboratory and outpatient facility that will enable us to do much more."

Supporters of YWAM include the PNG National Government, Steamships Trading Company, Puma Energy, InterOil, the Southern and Morobe Provincial Governments, the Australian Department of Foreign Affairs and Trade and the PNG Ports Corporation.









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Photographer *Chris McLennan* journeys along the Karawari River in the Sepik Basin, where he finds life is simple and the villagers are happy and welcoming.

fter being dropped by charter plane on a grass airstrip, it is obvious that the Karawari River region is one of the more remote areas in Papua New Guinea's densely rainforested lowlands. I am surrounded by jungle echoing with the calls of birds of paradise and other species. From here, it is a short hike to the smooth-

flowing Karawari River, followed by a boat ride to our accommodation at Karawari Lodge – my base from which to explore one of PNG's unspoilt and culturally rich regions.

The only access, in or out, is via the private grass airstrip or, for locals, along the river.

The lodge accommodation is traditionally built and wonderfully comfortable.

I'm here to explore the traditional cultures and people of PNG. There is no better way to do that than by boat, travelling each day along the Karawari River and one of its tributaries, the Konmei River.



Into the wild



66

There are no roads, no cars, no TVs, no computers and no cellphones. Days are spent fishing from dugout canoes and harvesting sago.

99

I visit villages and spend time with the people who live there. Life is simple. There are no roads, no cars, no TVs, no computers and no cellphones. Days are spent fishing from dugout canoes and harvesting sago — a starchy extract found in the spongy centre of various tropical palm stems (the most common being the sago palm) and which, together with fish, makes up the staple diet for the villagers in these lowland regions.

A fish closely related to the piranha inhabits the river here and is caught by hand from dugout canoes.

Gently she flows ... the Karawari River at sunset (above); mother and children by the cookfire at Kundiman Village on the river (right).







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take in the view from the 360° bar or taste our cuisine at our Palazzo Restaurant.

Very soon, Lamana Hotel will open the doors to The Italian Restaurant, Spices (Indian restaurant), Brazilian BBQ & Steak House, Cafe Palazzo and the Temple night club.









MP TELEFORE

Into the wild



Women are regularly seen fishing, and also cooking, in their canoes, with one end of the vessel dedicated to a smouldering fire on which they smoke the freshly caught fish. Babies and children are part of the action, and sit perched in the dugouts from an early age, or crowd around the cookfires helping their mothers. I find it interesting to note that women paddle their canoes seated but men paddle standing. Perhaps these are the first ever stand-up paddle boarders?

The unhurried pace of life, to a background of bird calls and the odd human shout from across the river, sets a scene of acceptance and proud self-sufficiency.

The cultural features of the tribes differ significantly between the villages, with unique face painting and personal adornment distinct to each.

I am fortunate to be allowed into the spirit house in Tangamimbit village, where human skulls – from as recent as the 1960s when cannibalism and head hunting were still a part of daily life – adorn the walls.

Gone fishing ...
a mother and child
from Manjami Village
catching dinner on
the Karawari River
(above); a tribesman
on one of the river's
tributaries (right);
traditional face paint
(below).





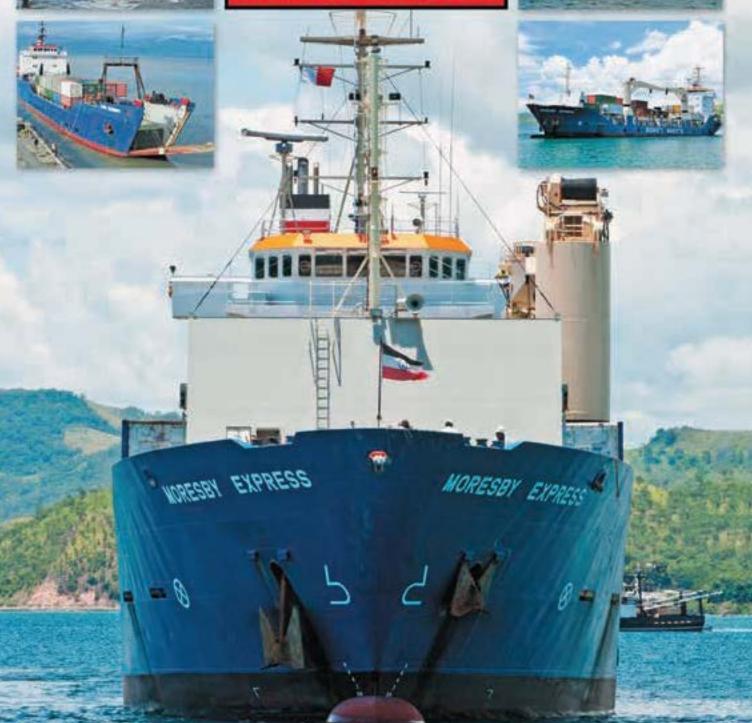




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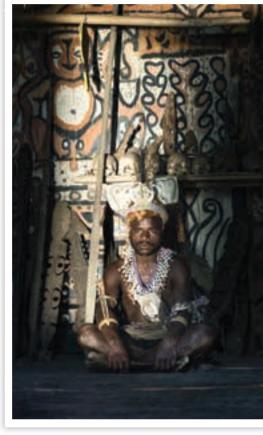
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TRAVELLER OUR COUNTRY

Into the wild





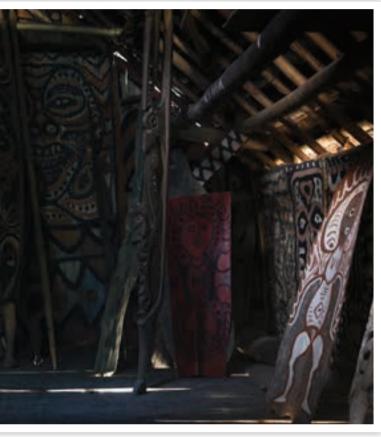
But despite their grisly history, the villagers are content and happy people, eager to share their hospitality with us.

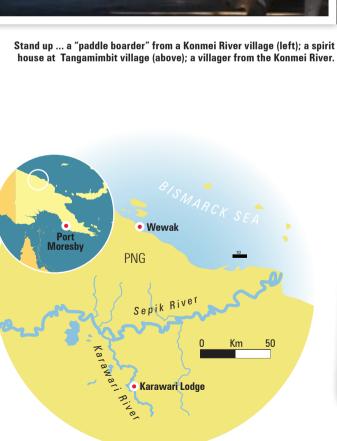
Air Niugini flies daily from
Port Moresby to Mount Hagen,
where passengers can connect to
Karawari Lodge by charter flight.
See airniugini.com.pg.





Into the wild







NEED TO KNOW

STAYING THERE

Karawari Lodge consists of 10 cottages with ensuites, ceiling fans and mosquito-netted beds. The main lodge building is designed like a traditional haus tammbaran (spirit house) and has a dining and lounge area. Cost per night \$US633 a person based on twin share, including meals, tours and transfers. Charter flight \$US1046 return from Mount Hagen to lodge. Rookings with Trans Mignin Tayes from Mount Hagen to lodge. Bookings with Trans Niugini Tours.

MORE INFORMATION pngtours.com





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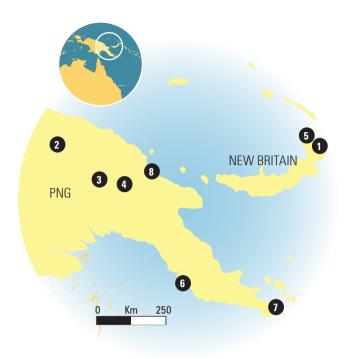
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Christine Retschlag reports on eight of PNG's most outstanding festivals and shows.

n this land of legend, lore and more than 800 local languages, tradition beats like an ancient kundu drum.

This drumbeat has resonated through the generations who call Papua New Guinea home, and it is communicated and celebrated through colourful festivals, events and shows.

It's etched as deeply as the crocodile scars of the warriors of Sepik, who celebrate the ancient dinosaur at their annual festival; it's beneath the unmistakable masks of the people of Goroka; the frangipani scent of a rebuilding Rabaul; and the sea spray and stories of the Motuans of Milne Bay.



National Mask and Warwagira Festival

When: July 15-19, 2015

Where: Kokopo in East New Britain Province.

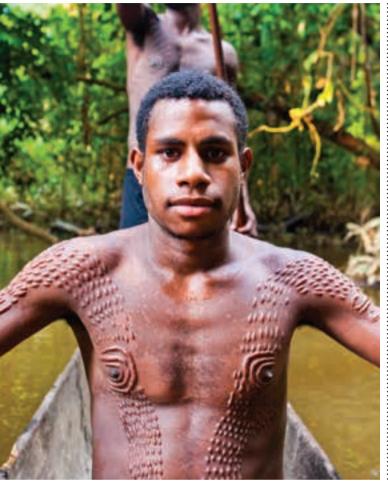
About: One of the most enduring images of PNG is that of its masks. This annual event celebrates the mask cultures of East New Britain, New Ireland and other regions, which use these face coverings as a form of cultural expression. The five-day festival begins at dawn with the arrival of the Kinavai, which signifies the landing of the Tolai people in East New Britain. The Tolais perform their Baining Fire Dance during the festival in which initiated young men dance through fire while their elders chant. Sacred masks, which have been cleansed for the festival, are on display during the event, which showcases cultural dancing, ritual performance, display, story telling and exchange, and arts and crafts.

More information: There are a number of hotels and resorts in Kokopo, including Rapopo Plantation Resort, Kokopo Beach Bungalow Resort, Gazelle International Hotel and Talkam Lodge. Some organise tours to the festival.

See rapopo.com, kbb.com.pg, gazelleinternationalhotel.com, talkam.com.pg.



TRAVELLER **OUR COUNTRY**





Crocodile Festival When: August 5-7, 2015 Where: Ambunti in the East Sepik Province. About: The crocodile is a revered animal totem of the Sepik people. It is said that men share a special bond with this ancient dinosaur, which is believed to represent strength, power and manhood. So respected is this reptile that skin-cutting initiations continue in these communities and men proudly wear scars – which run from shoulder to hip and resemble the back of a crocodile – earned during their rite of passage. The three-day Crocodile Festival celebrates the special bond between man and beast along the unpolluted rivers of Sepik, which is believed to be home to some of the world's largest freshwater and

More information: Sepik Adventure Tours specialises in tours along the Sepik River and Wewak Town. There are also a number of boutique hotels, guesthouses and lodges in Sepik. See sepikjourneys.com.

saltwater crocodiles.

The three-day Crocodile Festival celebrates the special bond between man and beast along the unpolluted rivers of Sepik, which is believed to be home to some of the world's

largest crocodiles.

is PNG's third-largest city and it was named after its old volcano. More information: Trans Niugini Tours operates tours to the Hagen Show. There are a number of hotels, motels, lodges and guest houses in Mount Hagen.

Hagen Show

Province.

When: August 15-16, 2015

Where: Mount Hagen in the Western Highlands

About: Long before PNG's independence in 1975,

which started in 1961, in a bid to unify tribes.

Western Highlands Province and those from

neighbouring tribes in the Highlands region,

traditional dances, singing and ritual. Arts and

crafts are also on display at this colourful show

who gather to celebrate culture through

at which local entertainers from the modern

music scene are invited to perform. Mount Hagen

It attracts tribes people from all over the

this highland region was staging this event,

See pngtours.com.



TRAYELLER OUR COUNTRY

Mystique and Masks





Goroka Show When: September 11-13, 2015

Where: Goroka in the East Highlands Province.

About: The mud-masked men of Goroka are arguably one of the most recognised images of PNG and this culture is celebrated at the Goroka Show. Launched in the mid-1950s by missionaries, more than 100 tribes from the highlands now perform traditional song, ritual and dance at this event. Australian patrol officers (*kiaps*), originally organised the show and brought in *sing-sing* groups from surrounding areas. The Goroka Show is considered the best-known tribal gathering and cultural event in the country.

More information: The Bird of Paradise Hotel in the centre of town is considered a Goroka landmark. The hotel can organise tours to the Goroka Show.

See coralseashotels.com.pg/locations/bird-of-paradise-hotel.

The Frangipani Festival
When: September 13-14 & 16, 2015
Where: Rabaul. East New Britain Province.

About: This fragrant festival was born from tragedy. When Rabaul's active volcano, Tavurvur, erupted for the fifth time in its history in 1994, it buried much of Rabaul Town in four metres of volcanic ash. But resilience is king in PNG and the first flower to bloom after the eruption was a frangipani tree. This festival celebrates Rabaul's revival and is held over the Independence Day weekend and on Independence Day itself. Highlights include a float parade, dance, *sing-sings* and rock bands on Saturday, a commemorative church service on Sunday and a canoe race around the rock formation known as the Beehives in Simpson Harbour on Independence Day.

More information: Kokopo Lodge and Tours offers hostel-style accommodation with its 23 single, twin and double rooms, with shared showers and toilets and a conference room. Owned by local Tolai people, it owns a high-roof, air-conditioned bus through which guests can partake in a variety of tours, including to the Frangipani Festival.

See kokopolodge.com. >





TRAVELLER OUR COUNTRY

Mystique and Masks





Hiri Moale Festival When: September 15-16, 2015 Where: Ela Beach, Port Moresby.

About: Staged on the ancestral ground of the Motuan people of PNG, this festival celebrates the epic voyages of their seafaring ancestors, who journeyed to the Gulf Province on the iconic *lagatoi*. This large sailing canoe was built with a number of hulls in which clay pots made by the Motuans were stored and later traded for sago with the people of the Gulf. A number of other goods were also exchanged during the "Hiri" trades, which were often fraught with difficulty, due to storms and rough winds. The Motuan culture is rich in songs, dance and rituals, which reflect on this trade and also relate to celebration, lamentation and tributes to gods and ancestors. Not only are the Motuan people celebrated during this festival but other tribes with whom they traded throughout history including the Gulf, Mekeo, Hula and Koiari people. Another highlight of the festival is the Hiri Hanenamo contest, in which young Motuan women compete to be crowned Hiri Queen, based on their knowledge and display of traditional Motuan culture.

More information: A number of tour operators take visitors to this festival, including Ecotourism Melanesia.

See em.com.pg.

Kenu & Kundu Festival When: November 6-8, 2015 Where: Alotau, Milne Bay Province.

About: This is the land of canoes and kundu drums, which have been used for centuries in traditional ceremonies and rituals in Milne Bay. Constructed from specially crafted wood under strict customs, the war canoes were built to ensure victory and those used in the festival are built using the same techniques as the ancestors of this region. Tribes are identified through colours and patterns painted on the canoe and prizes are awarded to winning groups a day earlier at Watagaway Island, before the canoes sail in convoy to Alotau for the festival's opening ceremony. This event also includes traditional dancing from all around the Milne Bay province, including eastern parts of the Papuan Region, arts and crafts displays, string band competitions and traditional and contemporary drama performances.

More information: Locally owned dive and tour operator Reef Tours Milne Bay operates tours of the region.

See loihai.com.



TRAVELLER OUR COUNTRY

Mystique and Masks



Madang Festival

When: June, 2016

Where: Madang on the northern

mainland coast.

About: Regarded as PNG's most popular province with visitors due to its diving, snorkelling, surfing, nature and history, Madang is home to six distinct cultural groups. This festival celebrates the variety of ethnic groups who live in harmony here, including the Simbai people who hail from the interior highlands of the province.

More information: Air Niugini offers daily services from Port Moresby to Madang. There are a number of resorts and hotels in Madang,

including the Madang Resort.

See papuanewguineatravel.travel and madangresort.com. ■







Once the domain of fearless

National Geographic
photojournalists and intrepid
explorers, PNG is re-emerging
as the ideal adventure
destination – this time by ship
in five-star luxury.
Roderick Eime reports.

ike fleeting shadows in the undergrowth, they move silently and stealthily, occasionally stopping, half-hidden, to check the progress of our canoes along the narrow, mangrove-lined creek.

Our stalkers are smeared head-to-toe with the thick volcanic mud and just a tiara of mangrove leaves as camouflage. Are they looking for an opportunity to ambush us, or just satisfying their curiosity? My question will soon be answered.

Papua New Guinea has a wild reputation, but here we are on *True North*, one of the world's acclaimed luxury expedition cruise ships.

We're on a "New Adventures in Paradise" cruise, beginning in the capital of New Ireland, Kavieng. The 11-day expedition, among the islands and along the coastal fringe of the Solomon Sea, visits volcanoravaged Rabaul, the uninhabited Lusancay Islands, stunning Tufi, the D'Entrecasteaux Group, the Louisiades and finally, Milne Bay and its port of Alotau.

All the time, we are feted by a handsome, fascinating people of warm, heart-felt generosity with a deep respect for custom and tradition.

Shore visits from *True North* are conducted using its six aluminium runabouts. These hi-tech "tinnies" are more durable, faster more durable and versatile in tropical waters than the Zodiacs common on most of the world's adventure cruises.





Landings are almost invariably wet on the many atolls and isolated beaches such as Nimoa and Kimuta; so don't pack your best Florsheims.

One of *True North's* trump cards is the six-seat Eurocopter, piloted by full-time aviator Rainor Marshall. Used for the trickier landings and extra-special excursions, this asset really makes any expedition outstanding and sets North Star Cruises' offering apart from rivals in this arena. You might think all this opulence is foreign out here in the wild, but a hot shower and crisp lager is just the ticket after a day on the baking sand or trekking in the steamy jungle.

Hardcore adventure purists and Kokoda trekkers may want to bunk down with all the jungle has to offer, but we have the opportunity to experience the impossible and unheard of while retreating to supreme comfort at day's end.

Meals aboard *True North* are at least equal to the highest standards aboard boutique adventure yachts anywhere. With the enforced "barefoot" cruising aboard *True North*, where all staff and guests are shoeless inside, it's hard to call this fine dining, but head chef, Nik Flack, knows all about "hats" due to his previous role. He turns out what he likes to call "sustainable, organic and very Australian cuisine", using lots of locally sourced items, including seafood, greens and root crops.

As our barefoot staff serve delicate seafood, steak and poultry, there's great Western Australian wine, too.

Scuba diving is a big part of any *True North* expedition into these glorious tropical waters, and every opportunity is there for certified divers to explore the pristine reefs and corals that make PNG one of the world's top diving spots.

Dr Andy Lewis, one of Australia's foremost marine biologists, is there every step of the way, helping us unravel the mysteries of these remote waters, while dive master Oli Oldroyd keeps an eye on us underwater.

Rabaul, at the tip of New Britain, is intermittently the jewel of the district: perfect Simpson Harbour and glorious Blanche Bay framed by a magnificent but volatile mountainscape are indicators of its tumultuous past.

Once a perfectly manicured German colonial town, Australia's first job in World War 1 was to evict the Germans from Papua — and Rabaul was one of their objectives. The task was completed by September 1914, but not without loss.

Somewhere in Rabaul Harbour, or nearby, lies the wreck of submarine AE-1 and her 35 crew. Rabaul's violent history continued into World War 2, where the entire town was turned into a fortified base for the Japanese Imperial Army and Navy. Relics and artefacts can still be seen all over the town,







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TRAYELLER OUR COUNTRY

PNG, by the sea

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Shore visits on *True*North's six aluminium
runabouts are faster, more
durable and versatile
in tropical waters than
the Zodiacs common
on most of the world's
adventure cruises.

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Thumbs up ... local boys give the sign that the water is warm and inviting. That's *True North* anchored off shore.







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TRAVELLER OUR COUNTRY

PNG, by the sea



Coastal life ... a village by the sea (right); True North tucked into a cove for the night (below right); interiors of the ship (opposite top); at sea with the landing craft trailing behind (opposite bottom).

from behind huge trees, they bring our party to a halt with incomprehensible, blood-curdling cries. From hidden vantage points within the undergrowth, saplings are hurled at us, some bouncing menacingly off the side of the canoes.

Gasps of surprise are clearly heard from several passengers and muffled chatter comes from others as we try to interpret their apparently hostile intentions.

The traditional challenge, thankfully, is all part of the show put on for us today by the Tufi villagers. Once, strangers would be challenged and encouraged to state their purpose — whether friendly or hostile. Our passivity assumed, we are welcomed by Anthony, the local chief, dressed in the stunning costume that makes Tufi one of the most spectacular cultural experiences in the country.







TRAVELLER OUR COUNTRY

PNG, by the sea



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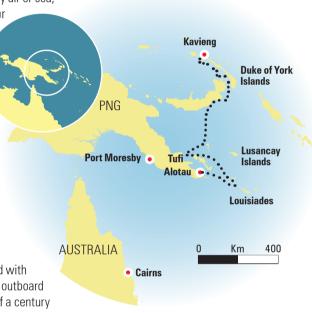


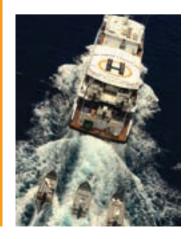


Set amid stunning tropical fjords, Tufi is only accessible by air or sea, and is renowned for its diving, trekking and rare orchids. For the next hour we are feted like visiting royalty, shown the process of sago extraction, ritual tattooing and treated to local ballads performed by a tiny choir of children with the voices of angels.

"Thank you for visiting our village," says Anthony with an earnest, almost sorrowful, look as the experience comes to a close. "We all hope you come back again soon. Once upon a time, we are so happy to see you, we make sure you stay – we eat you up!" And with that delivery he reels back in raucous laughter slapping his tummy bright-orange, betel nut-stained teeth exaggerating his mirth.

Preserving and encouraging local tradition and culture is important for expedition cruising, but for once I'm content that this ancient and sacred ritual is discussed in the past tense. Clutching a gorgeous ebony carving delicately in-laid with mother-of pearl, I doze off momentarily to the drone of the outboard motor, dreaming I am one of these wide-eyed Europeans of a century ago. Then back aboard, I'm ready for that beer.















JFK's castaway island

John Borthwick visits the place in the Solomon Islands where the US president sought shelter after the Japanese sank his patrol boat.

n a lifetime of lunches, this one, on a sunny deck overlooking broad Gizo Lagoon, surely must be among my very best. The dish is crayfish fresh from the reef, grilled and lightly spiked with garlic, and chased with a cold local beer.

Between grunts of pleasure, I look across the shimmering waters to a tiny island not far from this gloriously, curiously named resort, Fatboys. "The island used to be called Plum Pudding but now it's Kennedy Island," says Mano, Fatboys' slender manager.

"As in Jack Kennedy?" I ask. Yes. This is the place where John F Kennedy, US Navy lieutenant and 35th US president-to-be, swam ashore with his crew after their patrol boat was sliced in two by the Japanese destroyer, Amagiri, on the night of August 2, 1943.

The island isn't much more than 100 metres long. If the warship had not run over PT-109 as though it were no more than a speed-bump, history might never have paid any attention to this dot amid Gizo's grand waterway.

Kennedy Island is just 15 minutes by speedboat from Ghizo town (yes, same pronunciation but different spelling), the provincial capital of Solomon Islands' Western Province. In 1943, unlike today, this was not tourist-friendly territory. After reaching the island, 26-year-old Kennedy and his crew had to make further marathon swims to find a larger island, Olasana, where they could hide from the Japanese.

We scoot out to Kennedy Island in the Fatboys' runabout. It is a shady and cool but otherwise unremarkable place, where its lone resident, a giant Solomon Islander, is mending his fishing nets.

We travel on, to a nearby sandbar for sundowner drinks - one is never far from a cold beer in these good islands - where we contemplate the American castaways' fate.

Sympathetic islanders helped them get a message back to their patrol boat base. According to legend, it was carved on a coconut husk. Over another beer, and under a flamboyant sunset sky, we speculate about the type of SOS that JFK might have penned. Was it a Warren Zevon-like memo to Dad: "Send lawyers, guns and money"? Or, Jack being a lad and a Kennedy, too, was it more like, "Marooned on desert isle. Urgent. Send dancing girls."?

Ghizo is a one-hour flight northwest from the Solomons' capital Honiara. En route, you look down on lagoons tinted with hypnotic inks, their turquoise shallows bleeding to unnameable blue depths. The plane lands on an airfield that was first carved out of the coral and jungle some 70 years ago during savage,





Hooked on the Solomons ... (from left) a big reward on the end of a fishing line; Fatboys Resort; the paramount chief at Ughele village; Gizo market; motoring across the waters of Papatura Lagoon.

66

In 1943, unlike today, this was not tourist-friendly territory.
Kennedy and his crew had to make marathon swims to find a larger island where they could hide from the Japanese.

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island-by-island battles between the Allies and Nippon.

Ghizo, the third-largest town in the Solomons, is still reminiscent of those days, with its waterfront main street lined with Chinese provision stores, warehouses, a truly ancient Quonset hut and open-air markets. Ghizo's rambunctious watering holes, including the PT-109 Bar and the Gizo Hotel, could have come straight from the set of the old Pacific War television series, McHale's Navy.

Gizo Lagoon and its neighbour,
Vonavona, are sprawling expanses
of islands and inlets, villages,
reefs, wartime wrecks (great
for diving) and the occasional
resort. A tanned bloke meets
me at the pier with a
runabout, and an hour of
lagoon time later

JFK's castaway island





A dot in the Pacific ... Kennedy Island where JFK sought refuge (left); a cairn at Skull Island provides a stark reminder of headhunters and cannibals.

I step on to the jetty of the lovely Hapolo Zipu Resort on Lola Island. The walls of my bungalow are woven, and the roof is sturdily thatched palm, but there is also electricity, a good chef and even WiFi.

Next day, we head to tiny Skull Island that is alive, so to speak, with memories of headhunters and cannibals. The jungle shades a large coral cairn that's studded with a dozen human skulls, of honoured ancestral chiefs and their less fortunate former enemies. (Early European missionaries who managed to evade the traditional, terminal send-off dispensed here to most outsiders including missionaries – eventually converted these islands to Christianity, which remains the predominant faith today.)

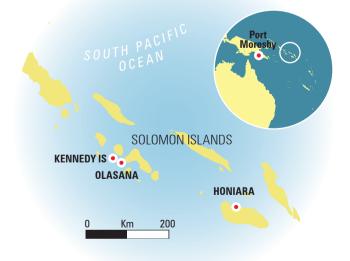
It's much more peaceful at Ughele village on Rendova Island, where they've been expecting us. Its folk have mounted an extraordinary cultural display. The paramount chief, dressed in warrior garb, acts out a confrontational, "friend-or-foe?" greeting and then, as we walk through the long village, the women, men and youngsters of Ughele demonstrate in an impeccably coordinated sequence the way they cook, weave palm-frond structures, dance, make toys, carve bowls and play music on a giant panpipe "organ". In all, it's a spectacular progressive feast of authentic, Solomons' kastom life.

The first European explorer in the Solomons was Spaniard Álvaro de Mendaña, who landed on Guadalcanal Island in 1568. Fable

has it that a local chief handed him a golden egg. The Spaniards thought that this was the legendary King Solomon's mine. Their gold fever, however, cooled rapidly when they found almost no more of the stuff. The wouldbe conquistadors soon sailed off, leaving little to mark their visit but the islands' enduring, biblical name.

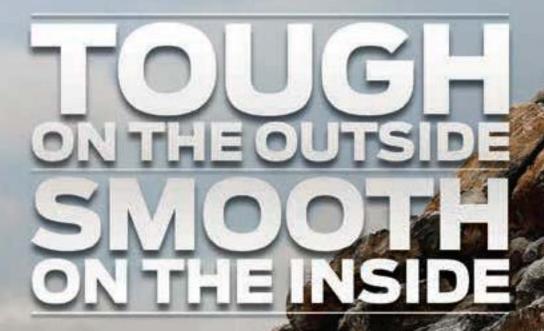
As probably the most overlooked, or undersung, major archipelago in the Pacific, "the Sollys" are Melanesia with a real difference. For the visitor, discovering them is akin to finding a brilliant new beach right at your backdoor – one that was always there.

Air Niugini flies from Port Moresby 🌽 to Honiara three times a week. See airniugini.com.pg.











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THE LOST WORLD

Craig Tansley explores Tahiti's uninhabited, mountainous hinterland.

f you fall, you drop a kilometre straight down to the valley floor below," guide Arnaud Luccioni warns me as I walk just a few metres from the narrow muddy track we're on.

But then, you should tread very, very carefully in Tahiti's hinterland: on an island barely 45 kilometres across at its widest point, there are mountains in here over two kilometres high, jutting out of an interior that's almost entirely uninhabited.

There are no sealed roads, either: just a handful of dirt tracks that weave their way through rainforest and across soaring ridgelines where the temperature – famously tropical on Tahiti's iconic coastline – can drop five degrees in five minutes.

The blue lagoons make Tahiti one of the world's most romanticised island holiday destinations but it's Tahiti's mysterious and barely publicised hinterland that's long intrigued me. This time around I'm

foregoing the coastline for the mountains, determined to see another side of Tahiti.

The good news is there's never too far to travel ... and when you get there, it's yours to enjoy alone. In Tahiti, it's possible to walk beside ancient archaeological sites, hike through 60 valleys (only one of which you can reach by car), jump from waterfalls and absell through pitch-black lava tube tunnels of ancient volcanoes — all just minutes from the more populated coastline.

Into the cascade ... a secret world waits behind the waterfall where the adventurous can climb ropes and abseil.

TRAVELLER OUR REGION

The lost world

I slide on my butt down a slippery rock waterfall into the water, then jump five metres into the next pool and swim to the edge. From here, I can sit just above the 125-metre drop-off.

In fact, some of Tahiti's most pristine areas can be found minutes outside its bustling capital city, Papeete. It's here I'm beginning my quest, with a hike into the Fautaua Valley. There's not another soul in sight.

As we walk through thick rainforest, Luccioni walks me past ancient stone walls built by locals. "There are bodies buried all around us," he says. I'm not sure it's the fact I'm crossing such sacred turf or that the temperature has dropped 10 degrees from Papeete, but my sweat cools as we climb higher and higher: through a clearing in the trees I see a 125-metre-high waterfall and behind it on the horizon, the highest mountain in the Pacific, Mount Orohena.

We walk to the top of the waterfall to three pristine mountain pools. I slide on my butt down a slippery rock waterfall into the water, then jump five metres into the next pool and swim to the edge. From here, I can sit just above the 125-metre drop-off.



Water slide ... part of the thrills in Tahiti's mountainous jungle-covered hinterland.

I look out across endless rainforest and soaring peaks and wonder if anything so untouched exists anywhere else, quite so close to a capital city.

I spend the rest of the day in the forests, discovering new waterfalls, then drive with Luccioni past tiny fruit plantations up to a look-out 1400 metres above the lagoons, where the vegetation changes from tropical to sub-alpine — dominated by wispy, whitegreen old man's beard and ferns.

From here, we look down on the untouched Punaruu Valley. Low cloud drifts across the road as Luccioni battles his four-wheel-drive across near-unpassable corrugations caused by flash floods.

At the top we watch a hang-glider leap into the air, soaring high above the valley.

Here, there's 78 species of birds calling out around us, 28 of which are endemic to Tahiti.

The next day, I decide to venture under Tahiti's mountainous hinterland. ➤



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TRAYELLER OUR REGION

The lost world

Just a few minutes inland from the island's quieter east coast, the Hitiaa Lava Tubes grant us one of the only opportunities on Earth to go deep inside a volcano.

We hike through thick jungle until we reach a 100-metre deep tunnel, which leads into a secret valley. The second tube is 300 metres long with two waterfalls, but it's the third tube, the longest and darkest by far, that's most impressive.

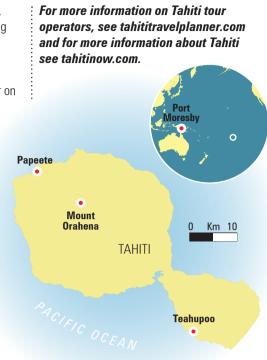
Protected by a cascading waterfall, we hike through the cascade as it pours on our heads. Inside, our torches pick up algae, which lights up like thick walls of gold. We climb with ropes and abseil down sheer rock faces until we reach a huge cave with a lake and waterfall where I'm forced to leap down in the dark into a pool to get through.

There are also opportunities for rugged daylong or overnight hikes on Tahiti if you like to push yourself — you can even climb the island's tallest peak, Mount Orahena.

I prefer my villa by the lagoon, however, swimming before breakfast then exploring the mountains as the day's humidity inevitably builds.

On Tahiti-Iti (Tahiti's smaller island), the eastern coast is only accessible by boat or on foot. I take a boat tour along the coastline, where 50-metre-high waterfalls cascade into the sea. There's peaks over a kilometre high and no road; instead, we motor across the wide, warm lagoon near the world-renowned waves of Teahupoo as dolphins surf our bow waves.

We stop at private, deserted bays, getting off the boat to walk to hidden caves, where we swim in sheltered rock pools. As we make it back to Teahupoo, I see the first boat I'll see all day: but then so much of Tahiti away from the tourist hot spots is yours to discover alone.





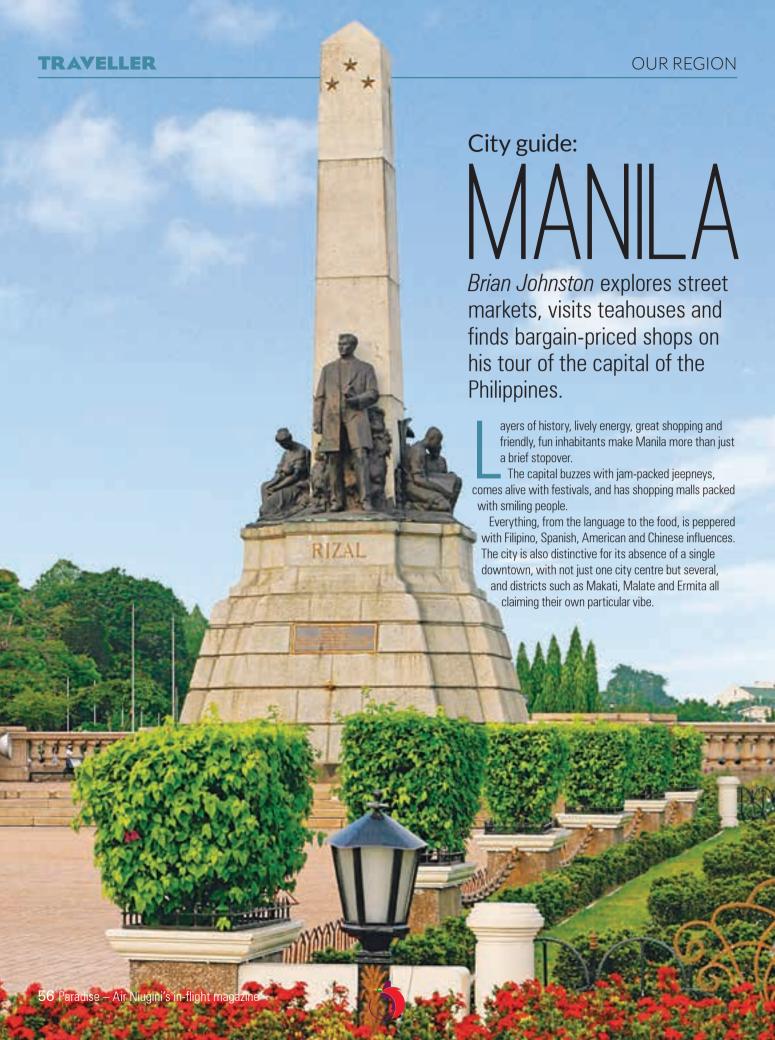


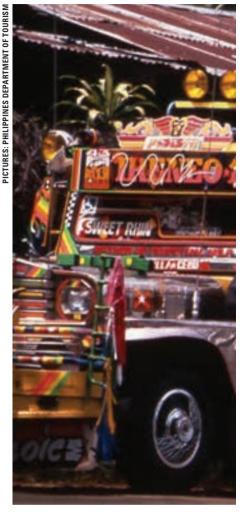
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GETTING AROUND

Walking isn't advised in hot, humid, highwayladen Manila, except in Intramuros. Taxis are plentiful and cheap, and brightly-painted, shared jeepneys are an institution. Public ferries ply the river. Light Rail Transit (Irta.gov.ph) and Metro Rail Transit (dotcmrt3.gov.ph) trains are air-conditioned and sometimes elevated, giving great city perspectives.

Manila sights ... one of the city's landmarks, the Rizal Monument (opposite page); a colourful jeepney (above left); the skyline (above middle); halo-halo (above right).



SIGHTS

Manila began in cobblestoned, walled Intramuros, which feature shady plazas and grand colonial residences. Fort Santiago, built by the Spanish in 1592, stands tumbledown by the river, and Manila cathedral shimmers with stained glass.

Across the Pasig River from Intramuros, Binondo is noted for street markets and possibly the world's oldest Chinatown, jammed with teahouses, Buddhist temples, restaurants, jewellery stores and bakeries.

Makati, the most orderly part of the capital, provides top-end hotels and restaurants and the best nightclubs in southeast Asia. Fantastic shopping makes it the place to head for a creditcard workout



MANILA SPECIAL

Locals are obsessed with snacking, and nothing says Manila more than a good gossip over *halohalo*, at a street stall, food hall or cafe. The heat-combatting dessert (or perhaps drink; its name means "jumble-jumble") is often large enough to serve two, even a convivial four. *Halo-halo* combines beans, evaporated milk, ice cream and jellied fruits served over crushed ice, and is lauded as the national treat. Many add purple yam, caramel or even sweet chickpeas. Happy eating — and chatting.



TRAYELLER OUR REGION

City guide: Manila

CULTURE VULTURE

In the old town, Casa Manila (Plaza Luis Complex, Intramuros) isn't as colonial as it looks — it's a 1980s reconstruction — but provides a beautiful example of a Spanish-era mansion, chock-full of quality antiques.

Privately owned Ayala Museum (Dela Rosa Street, Makati; ayalamuseum.org) has outstanding exhibitions on Filipino history, culture and art, including pre-Hispanic gold jewellery, historical dioramas and rotating painting collections by leading Filipino artists.

The Cultural Centre of the Philippines (CCP Complex, Roxas Boulevard, Malate; culturalcenter.gov.ph) preserves Philippine arts and culture and is the place to head for theatre, classical music and ballet.

CHILD'S PLAY

Ocean Park (666 Quirino Grandstand, Luneta; manilaoceanpark.com) is an aquarium displaying marine life from different Philippine regions.



Breathtaking ... take a walk in underwater tunnel at Ocean Park.

Kids will love the walk-through underwater tunnel and glass-bottom boat ride.

Science is fun at Exploreum (Mall of Asia, Ocean Drive, Pasay; exploreum.ph), where 10 galleries focus on different topics in a very interactive way with virtual reality

sets, motion-controlled games and a planetarium.

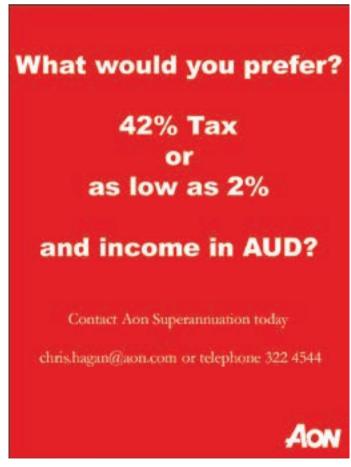
When the Manila heat gets too much, head 40 minutes out of town to Splash Island water park (South Luzon Expressway, Biñan, Cavite; splashisland.net), which has a wave pool, water slides and relaxing spa.

RETAIL THERAPY

Locals flock to Divisoria (Recto Avenue, Manila) for bargain-priced shops selling homewares, clothes, sports gear, designer knockoffs, textiles and knick-knacks. Expect to battle crowds, watch for pickpockets, and haggle for your treasures.

The gallery-like Silahis Arts & Artifacts (744 Calle Real del Palacio, Intramuros; silahis.com) produces and sells top-quality, handmade Philippine products including textiles, statues, baskets.

Upmarket Greenbelt (Greenbelt Park Walkways, Makati; ayalamalls.com.ph) is a series of five interconnected malls in landscaped gardens, and is a terrific place to dine and check out local designer fashions.











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City guide: Manila



SPORTING LIFE

Get the legs going with Bambike (Plaza San Luis Complex, Real Street, Intramuros; bambike.com), a cycle tour company that takes you around the sights of the colonial town on intriguing bamboo bicycles.

Club Intramuros Golf Course (Bonifacio Drive, Port Area; facebook.com/ ClubIntramurosGolfCourse), open both day and evening, occupies what was once Intramuros' moat and is a rather eccentric, 18-hole, par-66 course right in the city centre.



Hang time ... basketball is Manila's most popular spectator sport (far left); escape to Taal Lake (left).

Cuneta Astrodome (Derham Street, Pasay; pba.inquirer.net) is one of the city's most popular venues for professional basketball, Manila's most popular spectator sport, and also hosts volleyball tournaments.

ESCAPE

Escape the concrete in vast Rizal Park (rizalpark.nationalparks.ph), where locals practice tai chi, ballroom dancing and traditional stick-fighting in the early morning. Later, visitors picnic under giant trees,

fly kites and wander through the Japanese gardens.

Fifty kilometres south of the city, Taal Lake (taalvolcano.org) sits in a gigantic volcanic crater. You can walk the crater rim, horse ride or head out on a lake boat to admire this spectacular natural wonder.

Pagsanjan Falls (lagunatravelguide.com) is just over two hours south of Manila, and makes for a pleasant day trip. You can take boat trips through the lush gorge, raft inside caves and swim beneath the waterfalls.





SP EXPORT RADLER

BEER AND LEMON JUICE



City guide: Manila







Luxe ... Salon de Ning at the Peninsula (left); a superior room at the Makati Shangri-La (middle); the lobby lounge of the Makati Shangri-La (right).

PILLOW TALK

White Knight Hotel Intramuros (General Luna Street, Intramuros; whiteknighthotelintramuros. com) occupies a delightful colonial mansion and is a great, budget-conscious base for an exploration of old Manila.

Makati Shangri-La (Makati Avenue, Makati; shangri-la.com), within a walk of several major malls, is a good base for those keen on shopping or business, and has a great swimming pool.

The Peninsula Manila (1226 Makati City, Makati; peninsula.com) is surely the city's top hotel, with flawless and friendly service, understated luxury and top-notch restaurants.

WATERING HOLES

Head to Cubao Expo (General Romulo Street, Cubao; facebook.com/cubao.expo) precinct for a variety of cool bars that come and go, but always provide live bands, DJs spinning vinyl, cigar bars and much more.

Looking for an hilarious night out? Head to over-the-top Club Mwah! (652 Boni Ave, Mandaluyong; clubmwah.com), the best of Manila's transvestite shows, with terrific bar areas where the champagne (and sequins) flow. Salon de Ning (The Peninsula Manila, 1226 Makati City; peninsula.com) recalls 1930's Shanghai in its decor and has a delightful series of themed rooms for a luxe cocktail rendezvous.













TRAVELLER **OUR REGION**

City guide: Manila



Seafood feast ... a paella from the Purple Yam restaurant.

POPULATION: 12 million

CURRENCY: Philippine peso; 1 peso = 0.06 kina

TAXI FARE FROM Around PHP 400: AIRPORT: twice that for prepaid taxis.

INTERNATIONAL DIALLING CODE:

LANGUAGE: Filipino and English are official languages; a quarter of the population and most in metro Manila speak Tagalog.

POWER: Two flat, parallel prongs, similar to

plugs in North America and Japan.

FATS

The Aristocrat (San Andres Street, Malate: aristocrat.com.ph) is one of 12 restaurants citywide. It's popular for modestly priced local food, including barbecue chicken, marinated beef and pork spare ribs.

Purple Yam (Corner Nakpil & Bocobo Streets, Malate: facebook.com/purplevam) made its name in New York and recently opened a fine-dining restaurant in Malate

with a delicious seven-course Filipino degustation.

Harbor View (1000Katigbak Parkway, Rizal Park) is a top, celebrity-frequented seafood restaurant with great sunset views over Manila Bay. Try the deep-fried shrimp, spicy crab or steamed grouper.

TUCK IN

Arroz caldo is Manila's signature informal dish, found in street stalls everywhere, as well as in fast-food outlets and (in much fancier form) in top-end restaurants. The glutinous rice porridge is cooked with chicken and ginger and sprinkled on top with toasted garlic, green onion and pieces of hard-boiled egg. Try arroz caldo at Via Mare outlets (viamare.com.ph) or an upmarket version for afternoon tea in the lobby of The Peninsula Manila (1226 Makati City; peninsula.com).





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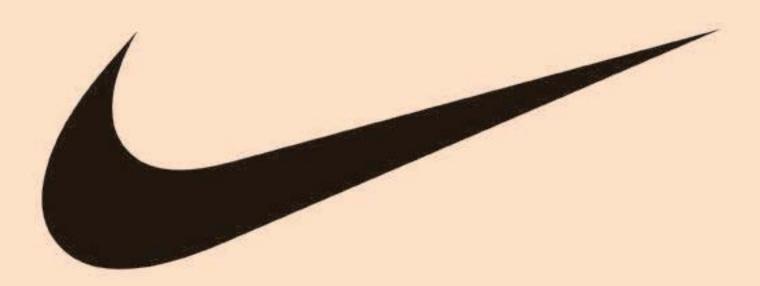
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Only in SEOUL

From a cafe filled with cats to a plaza that looks like an alien spaceship, *Tim Richards* experiences the quirky delights of Seoul.

ostly concrete, glass and steel – and just a little bit boring. That's how many people think of Seoul, dismissing the South Korean capital as lacking texture and personality.

They are, however, wrong. Though Seoul remains the centre of the nation's busy economy, it also contains many unusual corners and distinctive attractions.

Here are some highlights.

ANIMAL CAFES

West of the city, the district of Hongdae centres on Hongik University and related institutions. The presence of students from these insititutons has created a cool neighbourhood of cafes, bars and music venues scattered through its narrow streets. Most fascinating of these venues are cafes in which you can interact with animals.

At Cheong Chun, (12-6 Wausan-ro 21-gil, www.ycat.kr), patrons get up close with cats in a serene indoor space while sipping

AP 2°Folah面 Ecst cafe a drink. At Bau House (64 Yanghwa-ro, bau.cyworld. com) the atmosphere is livelier, with dogs of all sizes making friends with each other and the visiting humans.

And at Thanks Nature (10 Hongik-ro, www.facebook.com/ TNcafe) you can enjoy good coffee and food while admiring the sheep penned in an outdoor garden, intended to evoke a vision of the Korean countryside.

FUTURISTIC DESIGN HUB

Ever wondered what a huge, sleek silver spaceship would look like if it touched down in Asia? Wonder no more. Seoul's Dongdaemun Design Plaza (www.ddp.or.kr) opened in early 2014 and is an extraordinary building to behold.

It is nearly 63,000 square metres on the site of a former baseball stadium in the fashion district of Dongdaemun.

Within its curved "skin" of more than 45,000 aluminium panels you'll find exhibitions and a museum, and the work of young designers for sale. The adjoining shopping zone is filled with retailers of cutting-edge design, along with restaurants and bars.

Port Moresby

JAPAN

Tokyo

Seoul

S KOREA

EAT STREETS

Korean food is rightly recognised around the world as being complex, varied and tasty.



 $Purring \ along \ ... \ cat \ cafes \ have \ caught \ in \ Seoul \ (left); \ the \ spaceship-looking \ Dongdaemun \ Design \ Plaza \ (right).$



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OUR REGION TRAVELLER

Only in Seoul



Korea on a plate ... topokki ready to be cooked at the table (above); the Cheongyecheon stream (right); Dragon Hill Spa (below).

Within Seoul, there are great meals at the Gwangjang Market, where you can also marvel at the many types of the popular kim chi (spicy fermented cabbage). But where the city really shines is in its "food alleys", streets specifically devoted to one dish.

Topokki Town in the Sindang-dong district, for example, specialises in *topokki*, a filling stew of rice cakes, fish cakes, vegetables and noodles.

Near Kyung Hee University, Pajeon Alley serves pancakes of green onion and seafood. Sundae Town in Sillim-dong boasts Koreanstyle sausages, while Jokbal Street in Janchung-dong dishes up pigs' trotters.

REDISCOVERED STREAM

In the middle of the city's corporate heart, flowing between glass and steel towers, lies the Cheonggyecheon.

This stream was a key waterway in medieval Seoul, but as the centuries passed it became ever more polluted, until finally it was buried beneath a major road in the 1960s. In 2005, however, the stream was reopened to the public, after a major project uncovered the waterway and landscaped its length.

Nowadays, it's a beautiful linear park running over 10 kilometres, its clean waters accompanied by plant life and art. A serene space amid the busy city, it's much prized by both visitors and locals; don't be surprised to see office workers taking a stress break along its banks.

RECREATIONAL BATHS

Before the days of indoor plumbing, the public bathhouse or *jimjilbang* was the place to wash. Now that everyone has bathrooms,



this facility has expanded to fill the role of a neighbourhood recreation centre —a major example is Dragon Hill Spa (40 Hangang-daero 21na-gil, www.dragonhillspa.co.kr), spread over six storeys.

Gender-segregated hot baths are still the central attraction, but the *jimjibang* also has areas offering spa treatments, video games, food and drink, and other attractions to patrons clad in pyjama-like outfits. Some people are happy just to nap on the heated floors.

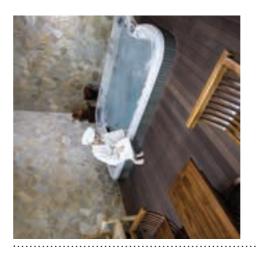
If it's a cold wet day in Seoul, you could do worse than spend it in one of these establishments.

FOOD ON FOOT

For another way to tackle Seoul's fascinating food scene, join Ongo's Korean Night Dining Tour (www.ongofood.com). This small-group tour takes its members on a winding path down tiny alleys in the historic Jongno and Insadong districts and further afield, visiting restaurants that'd be difficult for an outsider to find.

At one stop, the group sits around a barbecue table to sample popular meaty delights, at another it's a serve of spicy rice cakes and seafood, or rice wine alongside chicken or mackerel.

Depending on the weather, the tour finishes with either crispy mung bean pancakes or patbingsu, a dessert traditionally comprising red beans and shaved ice.



Air Niugini flies from Port Moresby to Tokyo every Saturday. From Tokyo, there are daily connections to Seoul. See airniugini.com.pg.

NEED TO KNOW

STAYING THERE Ibis Seoul Insadong, ibis. com, from PGK210 a night; Ramada Dongdaemun, ramadadm.com, from PGK400 a night.

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BY LUCIE MORRIS-MARR

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The company also has island escape overnight camp fishing, plus twilight cruises, from 5-7pm. Catching the sun setting while your rod does the work. Heavenly.

AFTERWARDS

Head for a well-deserved cocktail at the recently refurbished poolside bar at the Airways Hotel.

WEBSITES

sportfishingpng.net airways.com.pg



CAIRNS

Set sail from Cairns Reef Terminal aboard the 32-metre luxury sailing catamaran, Ocean Spirit, to experience Michaelmas Cay's unique reef environment.

GET ACTIVE

Be active and enjoy snorkeling, plus a cruise in the semi-submersible, for a diver's view of the reef. Or if you prefer, just relax and enjoy a leisurely day on the Great Barrier Reef.

DON'T MISS

The delicious hot and cold buffet lunch, including fresh prawns. There are also a fish-feeding and a marine biologist presentation.

AFTERWARDS

Enjoy a relaxing massage treatment at Refresh City Day Spa, back on dry land.

WEBSITES

oceanspirit.com.au refreshcitydayspa.com.au



HONG KONG

Sail back in time to 1920's Hong Kong on the beautiful double-decker *Shining Star* ferry, a recreation of the ferries that once graced Victoria Harbour.

RELAX

Sit back during the one-hour cruise and listen to the commentary about the key city sights and areas, including Sheung Wan, Central, Wan Chai, Causeway Bay and Tsim Sha Tsui.

DON'T MISS

The sunset – it looks incredibly serene against the city skyline as it's cast in hues of orange and pink.

AFTERWARDS

Keep up the glitzy tone with a glass of French champagne at the famous Felix Bar at The Peninsula Hotel.

WEBSITES

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MENTAL PAR

TRAVELLER TIME TRAVELLER

TIME TRAVELLER

Port Moresby 1885

This is one of the earliest photos of Port Moresby, taken by JW Lindt, who travelled to the newly proclaimed Protectorate of British New Guinea in 1885. The next year, he published a book based on his travels, called *Picturesque New Guinea*.

German-born Lindt settled in Australia and is also known for photographing the capture of the Ned Kelly gang in Glenrowan, Victoria.

This photo shows the small island of Elevala, now joined to the mainland and part of the urban village of Hanuabada.

A colonial gentleman, in the customary pith helmet of the day, leans against the gatepost of the London Missionary Society house above Hanuabada, where the houses are built out over the sea.

In the distance, to his left, is the barren hillside of Paga, which today is crowded with apartments and houses that overlook the bustling wharf area.

— JOHN BROOKSBANK



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LIVING

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FOCUS

A new two-volume book chronicles the remarkable history of Papua New Guinea.





Snapshot of a nation ... (from top of page) modern Port Moresby; **Steamships Trading Company's** first shop; Papua Hotel's transport fleet in 1912; one of Air Niugini's early birds; Pacific Games 2015 mascot Tura drops in on Gorokoa schoolchildren; flute playing in the Middle Sepik; local councillors at a House of Assembly session.













f a picture is worth a thousand words, Papua New Guinea's Pictorial History represents millions.

This two-volume box set, compiled by Dianne McInnes, has more than 1000 photos in each volume, covering 150 years of PNG's history.

There is beauty, joy, pain, excitement, humour and savagery in the pictures.

They illustrate explorers who travelled to distant lands, others who crossed nearly impenetrable mountains to meet new people, and indigenous developers of a new country.

Each chapter has an introduction followed by the photographs with captions.

The books provide a real feel for the history of PNG in a way that not only makes sense of the events that still influence the country, but also are vastly entertaining.









Snapshot of a nation ... (from top of page) Chinese in Rabaul in 1945 after their release from Japanese custody at the end of World War 2; HMS Nelson, the flagship of the Australian Royal Navy took Commander Erskine to Port Moresby for the Proclamation of the Protectorate of British New Guinea in 1884; paintings on sale at Goroka Show; the Chief Justice swears in Sir John Guise as the first Governor-General of PNG in 1975: an 1800's police unform: the band plays on in Rabaul in 1938; a medical examination at a clinic built by Oil Search.



LIVING

Focus on PNG









Each volume has a timeline of memorable events with photographic illustrations.

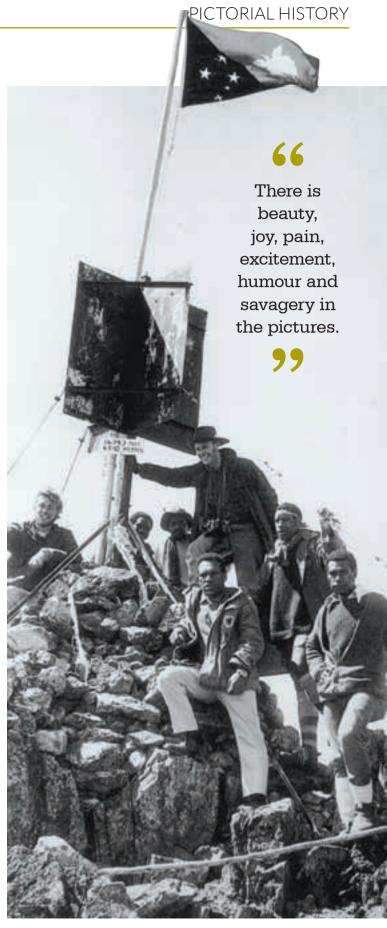
Topics in volume one (pre-1975) include environment, exploration and culture. Volume two (post-1975) includes independence and sport.

The books have been produced by Pictorial Press Australia in association with the Port Moresby Chamber of Commerce and Industry.



Snapshot of a nation ... (from top of page) with dignitaries on board, the Spirit of Hela delivers the first cargo to Japan from the PNG LNG project; seaman William George Vincent Williams, the first recorded casualty of World War 1; raising the flag on Mount Wilhelm on National Day, 1973; the 1991 South Pacific Games athletic team for PNG; the 1984 visit of Pope John Paul 2 to PNG; at home in the Highlands; man with a baby cuscus at the Ukarumpa market in the Highlands.







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Focus on PNG

Snapshot of a nation
... RAAF personnel
in PNG in 1975; the
covers of the twovolume book set.

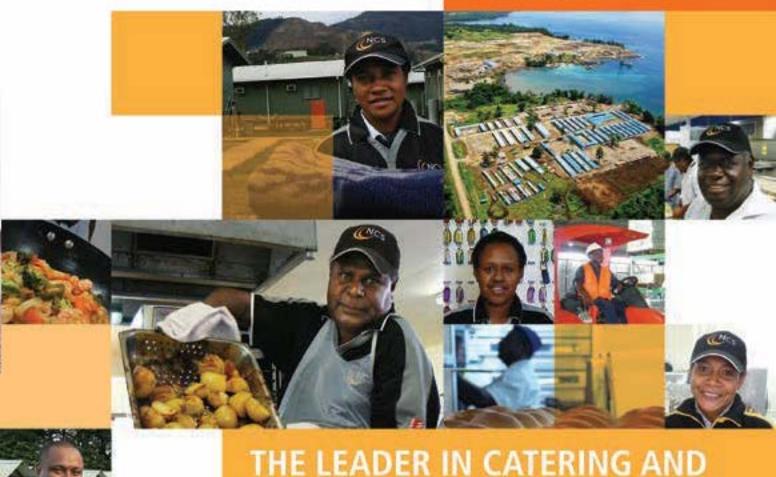


Copies in PNG (PGK400 a set) are available from the Port Moresby Chamber of Commerce, email frontdesk@pomcci.com.

Copies in Australia (\$120 a set) are available from Pictorial Press, email robert@pictorialpress.com.au.







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DANCE OF THE KUML

Grace Maribu has a front-row seat at a jaw-dropping performance in the hinterland of Morobe Province.

any visitors to Papua New Guinea come to see the country's traditional dancing at provincial cultural shows.

Few, however, have witnessed the jaw-dropping performance in the hinterland of Morobe Province that is traditionally called *munduap* and is colloquially known as the *kumul* dance.

It would almost seem this time-honoured dance of the Boana area could have been specially choreographed for World Environment Day.

It involves precision dancing up and down a 30-metre structure, with some men wearing

headdresses as high as seven metres and as heavy as five kilograms.

In essence, *munduap* portrays the wonder, peace and completeness of the natural tropical rainforest environment – from the awe-inspiring branch hopping of the beloved bird of paradise to the slow meandering of the river perch.

Preparation for the dance is done days before the show. Men chop down young trees and build the structure. It looks like a giant ladder. This is for the "sky show" where the birds of paradise — the *kumul* — will do their branch-hopping precision dancing. Meanwhile, other men who will be imitating

trees of the forest prepare by completing and painting their five-metre high headdresses, made from the bark of the tall *munduap* tree.

On the day of the performance, people gather at the foot of the structure — the stage — and launch into a monosyllabic chant accompanied by *kundu* drums. Women are covered primarily in leaves, depicting the bush. Men take up various dancing roles — some as boars, others fish, wallaby and any animal the dancer chooses to imitate. Children are always encouraged to take part.





The kumul dance
... portrays the
wonder and
peace of the
tropical rainforest
environment.





66

It involves precision dancing up and down a 30-metre structure, with some men wearing headdresses as high as seven metres and as heavy as five kilograms.

"

The dancers continue dancing in a circle, beating their drums, acting out the scene of the tropical rainforest. Some time into the performance, the show culminates to its climax – the appearance of the birds of paradise.

Specially assigned dancers burst from the circle and, one by one, hop up the middle of the structure in a single file. At the top, the first dancer veers off to the right, the second to the left while the third takes up the middle spot, all the while moving to the beat and chant of the singing/dancing throng below. The next trio does the same, taking up the second-highest row, and so on until the *kumul* dancers are all stationed the height

and breadth of the aerial stage. Because the grass skirts worn by the male dancers are short and thick, the bouncing and swooshing creates an illusion of bird plumage as the birds hop from branch to branch.

Then on cue, alternate rows of dancers move in opposing directions (left and right) creating a fascinating choreography. Dancers climb and dance their way back down to the ground to re-join the circle below until the *kumuls* take off again into the giant ladder tree and the dancing cycle continues into the day.

"This is basically a peace-making ceremonial dance," says Boana local Tony Kundang. "We do this as part of a reconciliation ceremony, to

mark a marriage or any big event that brings the community closer. Our forefathers who came up with this dance must have watched and seen how co-ordinated their natural environment was and copied it into a dance to remind us of how we all can live in harmony with each other."

The dance is often performed at the Morobe Provincial Agricultural & Cultural Show in Lae. The show is on October 24 and 25 this year.

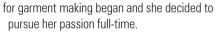
Air Niugini flies from Port Moresby to Lae daily. See airniugini.com.pg.







Friend of the Earth ... Patricia Otto and some of her creations being paraded on the catwalk.



Otto graduated from a fashion design course in Brisbane seven years ago and is now entrenched as a designer with conscience. Her main concerns in the industry she loves are excessive waste of textile material off-cuts and unfair pay and treatment for suppliers and workers.

"I want to stay true to my passion and give back to the community, not exploit people or the environment," she says.

Working from her home studio, Otto designs, cuts and stitches samples on her own machine. Customer orders are sent to a local sewer who produces the garments ethically.

Travel through Amsterdam, London and Hong Kong introduced Otto to diverse range of fashion.





The fair go fashion designer

"One thing I took away from it (the travel) is that there are no rules; individual style should be embraced."

The creative vision, so far, has resulted in the Back to Basics Collection 2014. The collection is an amalgam of relaxed, easy-fit minimal garments that utilise organic cotton and bamboo with handcrafted stencil abstracts by Aron Kamdu, a traditional artist from the Ambunti District in East Sepik Province.

I want to stay true to my passion and give back to the community, not exploit people or the environment.

"My style always changes, but regardless of what I'm wearing, I'm always in black," says Otto of her personal wardrobe. The designer's penchant for the dark colour palette is seen on Back to Basics.

Kamdu's bold prints adorn classic shades of black, navy, and steel chic dresses, skirts and tees.

On working with Kamdu, collaboration is emphasised to support rural artists.

Otto says there are no formal mechanisms in many parts of PNG through which artists can show and market their work to people outside their region. But with Awaken the Haus going into a region,



Designing minds ... Patricia Otto (seated) and Brianne Kimmins.

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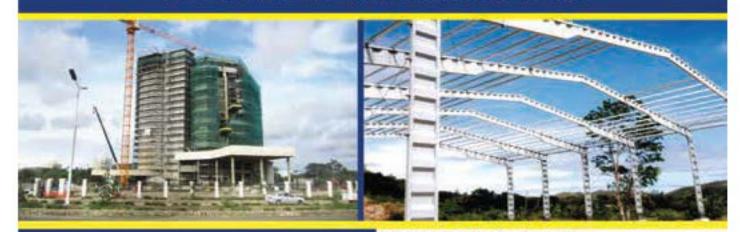




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The fair go fashion designer

an avenue is created through which artists can promote their work to reach a wider audience, in PNG and internationally.

Otto has partnered with the Maprik-based NGO, Foundation of Women In Agriculture Development (FOWIAD), to foster the introduction between artists and the eco-label.

"Kamdu had been working on pieces, but had no market to sell them," Otto says. "We also got him some new tools to refine his skills."

The new tools include paintbrushes, paints, oil, pastels, acrylics and canvasses

Otto's approach is simplified by her appreciation of Kamdu's surroundings. "We would meet up in Hayfield. It's not far from the Sepik River where the village houses are still made from traditional materials." she says. "Swamps are nearby and the dense rainforests are untouched."

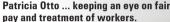
But it is here that Kamdu's artwork was chosen to complement garment design for a brand based an ocean away. Additional revenue raising for Kamdu is being facilitated through the sale of his stencils on the Awaken the Haus website.

Eventually, Otto will seek artwork from other parts of PNG.

Her commitment to giving back to the community permeates through her support for fellow designers, including a mentoring role with upcoming Papua New Guinean designer Brianne Kimmins.

Otto provides technical knowledge and advice to Kimmins, who has recently launched her own brand. Mahawa.

She aims to incorporate traditional PNG designs (as used in bilums, tapa cloth, mats, cane ware) in her designs. With the creative mind of Awaken the Haus guiding her and others. it seems more PNG artists will be featured on PNG fashion designer garments.









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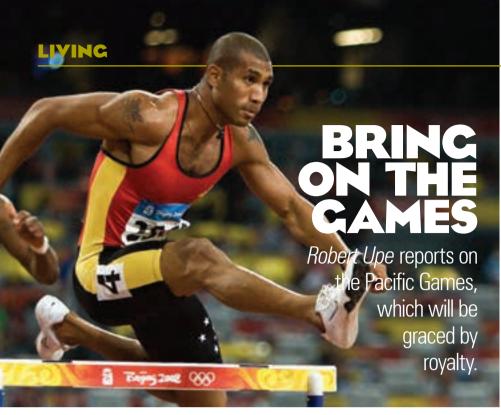


Kramer Ausenco

Global engineering at home in PNG and the South West Pacific.







fter years of planning and preparation,
Port Moresby is ready for the 25th
Pacific Games from July 4 to 18.
Thousand are expected for the
event, to watch star athletes from 24 nations
battle it out in 28 sports as diverse as
weightlifting, cricket and athletics.

The swimming events were sold out months ago, perhaps with local crowds hoping to see three-time Olympian Ryan Pini competing at the new Taurama Aquatic Centre.

Pini will be going for 12 gold medals with seven individual events and five relays in his sights.

But all eyes will be on Prince Andrew, the Duke of York (pictured), on July 4 when he officially opens the Games at the Sir John Guise Stadium.

The Prime Minister, Peter O'Neill, says he is delighted that Prince Andrew accepted his

DATES	VENUE	SPORT	EVENT	TIME
WEEK 1				
FRI 3rd	Taurama Courts	Basketball		0900 - 2100
•••••	Bisini Soccer Fields	Soccer	Men	1000 - 1700
•••••	Bisini Touch/Football Fields	Touch		0900 - 1700
	Caritas	Table Tennis		0900 - 1900
SAT 4th	Sir John Guise Outdoor	Opening Ceremony	Grandstand General Admission	1900 1900
	Taurama Courts	Basketball		0900 - 1500
	Bisini Touch/Football Fields	Touch		1000 - 1400
	Caritas	Table Tennis		0900 - 1300
SUN 05th	Sir John Guise Indoor	Weightlifting	Finals - Women: 48kg & 53kg Finals - Men: 56kg & 62kg	1100 - 2100
	Taurama Courts	Basketball		0900 - 2100
	Bisini Soccer Fields	Soccer	Men	1000 - 1700
	Bisini Touch/Football Fields	Touch		0900 - 1700
	Caritas	Table Tennis		1200 - 1900
	City	Triathlon		0830 - 1200
MON 06th	Sir John Guise Indoor	Weightlifting	Finals - Women: 58kg & 63kg Finals - Men: 69kg & 77kg	1000 - 2000
	Taurama Pool	Swimming	Heats	1000 - 1200
			Finals	1800 - 2000
	Taurama Courts	Basketball		0900 - 2100
	Bisini Soccer Fields	Soccer	Women	1030 - 1700
	Bisini Touch/Football Fields	Touch		0900 - 1700
	Bisini - Amini Park/Colts	Cricket		1000 - 1700
	POM Racquets Club	Tennis		0800 - 2100
		Squash		0900 - 1900
	Caritas	Table Tennis	Finals - Team Event	0900 - 1900
	June Valley	Shooting		0900 - 1640
	Yacht Club	Sailing		0900 - 1700
	Naval Base	Va'a	Finals - V6 1500m & 500m: Women & Men	0900 - 1500
TUE 07th	Sir John Guise Indoor	Weightlifting	Finals - Women: 69kg & 75kg Finals - Men: 85kg & 94kg	1000 - 2000
	Taurama Pool	Swimming	Heats	1000 - 1200
			Finals	1800 - 2000
	Taurama Courts	Basketball		0900 - 2100
****	Bisini Soccer Fields	Soccer	Men	1100 - 1600
	Bisini Touch/Football Fields	Touch	Finals - Women & Men	0900 - 1700

	VENUE	SPORT	EVENT	TIME
	Bisini - Amini Park/Colts	Cricket		1000 - 1700
	POM Racquets Club	Tennis		0800 - 2100
•••••		Squash		1400 - 1900
•••••	Caritas	Table Tennis		0900 - 1900
	June Valley	Shooting		0900 - 1600
•	Yacht Club	Sailing		0900 - 1700
•	Naval Base	Va'a	Finals - V1/V12 500m:	
			Women & Men	0900 - 1300
WED 08th	Sir John Guise Outdoor	Rugby 7's		1200 - 2100
•••••	Sir John Guise Indoor	Weightlifting	Finals - Women: +75kg;	
			Finals - Men: 105kg & +105kg	
	Taurama Pool	Swimming	Heats Finals	1000 - 1200 1800 - 2000
	Taurama Courts	Basketball	FIIIdis	0900 - 2100
	Bisini Soccer Fields	Soccer	\\/omon	1030 - 1700
		Touch	Women	1300 - 1700
	Bisini Touch/Football Fields			
	POM Racquets Club	Tennis Squash		0800 - 1800 1400 - 1900
•	Caritas	Table Tennis	Finals - Mixed	1100 1000
	ountab	14210 1011110	Doubles & ParaTT	0900 - 1900
•••••	June Valley	Shooting		1000 - 1710
	Yacht Club	Sailing		0900 - 1700
THU 09th	Sir John Guise Outdoor	Rugby 7's		1200 - 2100
•••••	Sir John Guise Indoor	Powerlifting		1000 - 2100
•••••	Taurama Pool	Swimming	Heats	1000 - 1200
			Finals	1800 - 2000
	Taurama Courts	Basketball		0900 - 2100
-	Bisini Touch/Football Fields	Touch		0900 - 1700
	Bisini - Amini Park/Colts	Cricket		1000 - 1700
	POM Racquets Club	Tennis	Finals - Teams Event	0900 - 1800
		Squash	Finals - Teams	1400 - 2000
	Caritas	Table Tennis	Finals - Women &	1000 1000
	L 1/-II	Ch +:	Men Doubles	1000 - 1900
	June Valley	Shooting		0900 - 1710
	Yacht Club	Sailing		0900 - 1700
FRI 10th	Sir John Guise Outdoor	Rugby 7's	Pool Matches - Women	1200 - 1255
			Quarter Finals - Men	1300 - 1415
			Semi Finals - Men	1440 - 1555
			Ranking Matches - Women Ranking Matches - Men	1620 - 1635 1640 - 1735
			Finals - Bronze: Women	1820
			Finals - Bronze: Men	1910
			Finals - Gold & Silver: Women	1845
			Finals - Gold & Silver: Men	1942



invitation to open the biggest sporting event in the region this year.

"When Papua New Guinea last hosted the Games, in 1991, Prince Andrew officially opened what was then known as the South Pacific Games. It is a measure of the standing the Games enjoys that His Royal Highness has agreed to officially open the event."

Games CEO Peter Stewart says the public responded enthusiastically when volunteers were called for earlier in the year, with an "overwhelming" 5500 applications.

"We are confident we have a great workforce to deliver the Games, the executive manager for operations, Clint Flood, says.

The Games are held every four years, and for the first time Australia and New Zealand will compete.



There will be 250 medal ceremonies during the Games, but instead of receiving traditional bouquets with their medals, athletes will be given *bilums* (traditional string bags). More than 500 women from Port Moresby and Goroka were engaged months ago to weave 3000 *bilums*. Each will be unique in design and style, but will incorporate the Port Moresby 2015 colours of yellow, red, green, blue and white.

Each *bilum* will also come with a biography of the weaver. "These medal ceremonies will be a spectacular display of Papua New Guinean

culture," Flood says. "It is sure to impress all our visitors and make every Papua New Guinean proud."

Meanwhile, Jacksons International Airport has undergone a PGK100 million refurbishment to welcome Games visitors. ■

More information, see portmoresby2015.com.

DATES	VENUE	SPORT	EVENT	TIME
	Sir John Guise Indoor	Powerlifting		1000 - 2100
***************************************	Taurama Pool	Swimming	Heats	1000 - 1200
		3	Finals	1800 - 2000
***************************************	Taurama Courts	Basketball		0900 - 2100
***************************************	Bisini Touch/Football Fields	Touch	Finals - Mixed Teams	0900 - 1500
***************************************	Bisini - Amini Park/Colts	Cricket		1000 - 1700
***************************************	Bisini Soccer Fields	Soccer	Semi Finals - Men's	•••••••••••••••••••••••••••••••••••••••
			Olympic Qualifiers	1100 - 1630
	POM Racquets Club	Tennis		0800 - 2100
		Squash		1400 - 1900
***************************************	Caritas	Table Tennis	Finals - Singles:	······································
			Women & Men	1000 - 1900
***************************************	June Valley	Shooting		0900 - 1710
***************************************	Yacht Club	Sailing		0900 - 1700
***************************************	Ela Beach	Va'a	Finals - V1 Marathon:	
			Women 10km	
			Finals - V1 Marathon:	
			Men 15km	0700 - 1300
WEEK 2				
SAT 11th	Sir John Guise Outdoor	Rugby League 9's	1200 - 2100	
	Sir John Guise Indoor	Basketball	Semi Finals -	
			Women & Men	1200 - 2000
	Taurama Pool Swimming		Heats	1000 - 1200
			Finals	1800 - 2000
	Taurama Courts	Volleyball		0900 - 2100
	Bisini Soccer Fields	Soccer	Women	1030 - 1700
	Bisini - Amini Park/Colts	Cricket	Finals - Bronze/	
***************************************			Gold & Silver: Women	1000 - 1600
	POM Racquets Club	Tennis		0800 - 2100
		Squash		1000 - 2000
***************************************	June Valley	Shooting		0900 - 1710
***************************************	Yacht Club Sailing			0900 - 1700
***************************************	Ela Beach	Va'a		•••••••••••••••••••••••••••••••••••••••
		Finals - V6 Maratho		Women 20km
		Finals - V6 Marath	on: Men 30km	0700 - 1300
SUN 12th	Sir John Guise Outdoor	Rugby League 9's	Pool Matches	1200 - 1310
3014 12111	oii ooiiii dalse outaooi	riugby League 3 3	Semi Finals	1340
			Finals - Bronze	1530
			Finals - Gold & Silver	1600
	Sir John Guise Indoor	Basketball	Finals - Bronze/ Gold &	······································
			Silver: Women & Men	0900 - 1700
***************************************	Taurama Courts	Volleyball		0900 - 2100
***************************************	Bisini Soccer Fields	Soccer	Finals - Men's Olympic	•••••••••••••••••••••••••••••••••••••••
			Qualifier	1430 - 1630
***************************************	Loloata	Swimming	Open water	0600 - 0900
***************************************		<u> </u>		•••••••••••••••••••••••••••••••••••••••

DATES	VENUE	SPORT	EVENT	TIME	
MON 13th	Sir John Guise Outdoor	Athletics	Session 1 - Heats &		
			Finals: Track & Field	1000 - 1130	
			Session 2 - Heats &	1000 0100	
		Beach Volleyball	Finals: Track & Field	1800 - 2100 1000 - 1700	
•					
•	0: 11 0: 11	Hockey		1000 - 2100	
	Sir John Guise Indoor	Netball		1300 - 1700	
	Taurama Courts	Volleyball	L P. L. LCT. IV.	0900 - 2100	
		Finals - Individual &	- Individual & Team Kata	0800 - 1000 1010 - 1200	
		Filiais - Iliulvidual &	Eliminations - Kumite	1400 - 1600	
			Finals - Kumite	1610 - 1800	
•	Bisini - Amini Park/Colts	Cricket	Tillais Italilito	1000 - 1700	
•					
	Bisini Lawn Bowls Greens	Lawn Bowls	C: Fil- W DC	0900 - 1700	
	Bisini Soccer Fields	Soccer	Semi Finals - Women PG	1100 - 1630	
	POM Racquets Club	Tennis		0800 - 2100	
		Squash		1000 - 2000	
***************************************	Caritas	Bodybuilding		1000 - 1800	
TUE 14th	Sir John Guise Outdoor	Athletics			
106 1401	SII JUIIII GUISE GULUOOI		Finals: Track & Field	1000 - 1120	
			Finals: Track & Field	1500 - 2100	
		Beach Volleyball		1000 - 1700	
		Hockey		1000 - 2100	
•••••	Sir John Guise Indoor	Netball		1300 - 1700	
•••••	Taurama Courts	Vollevball		0900 - 2100	
		Karate	Eliminations - Kumite	0900 - 1340	
			Finals - Kumite	1400 - 1700	
***************************************	Bisini - Amini Park/Colts	Cricket		1000 - 1700	
•••••	Bisini Lawn Bowls Greens	Lawn Bowls		0900 - 1700	
•	POM Racquets Club	Tennis		0800 - 2100	
		Squash	Finals - Singles	1000 - 2000	
***************************************	Caritas	Boxing	Session 1 - Preliminaries	1300 - 1600	
		5	Session 2 - Preliminaries	1800 - 2100	
	0:11 0: 0:1	A-1-1 -2	0 . 5 65		
WED 15th	Sir John Guise Outdoor	Athletics	Session 5 - Heats & Finals:	4000 4400	
			Track & Field Session 6 - Heats & Finals:	1000 - 1130	
			Track & Field	1500 - 2100	
•	Sir John Guise Indoor	Beach Volleyball	Hack a Hein	1000 - 2100	
	SII JUIIII GUISE IIIUUUI	Netball		1300 - 1700	
•	Taurama Courts	Volleyball		0900 - 2100	
		Softball		1000 - 2100	
	Bisini - Softball Diamonds				
	Bisini - Amini Park/Colts	Cricket		1000 - 1700	
	Bisini Lawn Bowls Greens	Lawn Bowls	· · · · · · · · · · · · · · · · · · ·	0900 - 1800	
	Preliminaries - Men's Singles & Fours Preliminaries - Women's Pairs & Triples 0900 - 1115 Semi Finals - Men's Singles & Fours Semi Finals - Women's Pairs & Triples 1200 - 1415				
			urs; Finals - Women's Pairs & Trip		
Finals - G			urs, Finais - Bronze. Women's ver: Women's Pairs & Triples 1		
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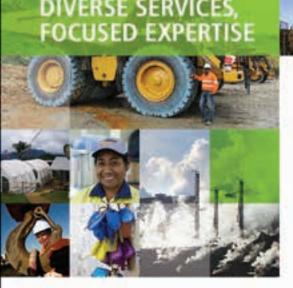




Bring on the Games

DATES	VENUE	SPORT	EVENT	TIME
	Bisini Soccer Fields	Soccer	Semi Finals - Men PG	
			Eligible Only	1100 - 1630
	POM Racquets Club	Tennis		0800 - 1800
		Squash		1100 - 1900
•	Caritas	Boxing	Session 3 - Preliminaries	1300 - 1600
			Session 4 - Preliminaries	1800 - 2100
	POM Royal Golf Course	Golf		0700 - 1700
THU 16th	Sir John Guise Outdoor	Athletics	Session 7 - Semis & Finals:	
			Track & Field	1500 - 2100
		Beach Volleyball		1000 - 1700
		Hockey		1000 - 2100
	Sir John Guise Indoor	Netball		1300 - 1700
	Taurama Courts	Volleyball		1100 - 2100
		Taekwando	Finals - All Female Divisions	0900 - 1700
•••••	Bisini Soccer Fields	Soccer	Finals - Bronze,	
			Gold & Silver: Women PG	1100 - 1630
	Bisini - Softball Diamonds	Softball		1000 - 1300
	Bisini Lawn Bowls Greens	Lawn Bowls		0900 - 1700
	POM Racquets Club	Tennis	Finals - Doubles/	
			Mixed Doubles	0900 - 1800
		Squash	Finals - Doubles	1100 - 1900
	Caritas	Boxing	Session 5 - Quarter Finals	1300 - 1600
			Session 6 - Quarter Finals	1800 - 2100
	POM Royal Golf Course	Golf		0700 - 1700
FRI 17th	Sir John Guise Outdoor	Athletics	Session 8 - Heats	
			& Finals: Track & Field	1000 - 1500
		Beach Volleyball	Semi Finals - Women & Men	1000 - 1600
		Hockey		1000 - 2100
	Sir John Guise Indoor	Netball		1300 - 1700
	Taurama Courts	Volleyball	Semi Finals - Women & Men	1200 - 2000

DATES	VENUE	SPORT	EVENT	TIME
		Taekwando	Finals - All Male Divisions	0830 - 1900
***************************************	Bisini Soccer Fields	Soccer	Finals - Bronze, Gold & Silver: Men PG	1100 - 1630
•	Bisini - Softball Diamonds	Softball		1000 - 1300
	Bisini - Amini Park/Colts	Cricket		1000 - 1700
***************************************	Bisini Lawn Bowls Greens	Lawn Bowls		0900 - 1700
***************************************	POM Racquets Club	Tennis Squash	Finals - Singles Finals - Mixed Doubles	0900 - 1800 0930 - 1630
***************************************	Caritas	Boxing	Session 7 - Semi Finals Session 8 - Semi Finals	1300 - 1600 1800 - 2100
	POM Royal Golf Course	Golf		0700 - 1700
SAT 18th	Sir John Guise Outdoor	Athletics	Session 9 - Finals: Half Marathon	0600 - 0900
		Beach Volleyball		
	Finals - Bror		nals - Gold & Silver: Women/Me Finals - Bronze/Gold & Silver	n 1000 - 1600 1000 - 1600
	Sir John Guise Indoor Netba	Hockey		1000 - 1000
	Taurama Courts	Volleyball	Finals - Bronze/Gold & Silver:	······································
	Tauranna Gourts	volicybali	Women & Men	0900 - 1700
		Taekwando	Finals - Teams	0900 - 1330
	Bisini - Softball Diamonds	Softball	Finals - Gold & Silver: Women & Men	1000 - 1500
	Bisini - Amini Park/Colts	Cricket	Finals - Bronze/Gold & Silver: Men	1000 - 1500
	Bisini Lawn Bowls Greens	Lawn Bowls		0900 - 1700
	Preliminaries - Men's	Pairs & Triples Semi	naries - Women's Singles & Four Finals - Women's Singles & Four	s 1145 - 1400
	Semi Finals - Men's Pa	Irs & Triples Finals - E	Bronze: Women's Singles & Four	s 1430 - 1645
	FIIIdis - DIUIIZE. I	vieirs rairs a iripies	Finals - Gold/Silver: Women's S Finals - Gold/Silver: Men's	Pairs & Triples
***************************************	Caritas	Boxing	Session 9 - Finals	1300 - 1600
***************************************	POM Royal Golf Course	Golf		0700 - 1600
***************************************	Sir John Guise Outdoor	Closing Ceremony		1900







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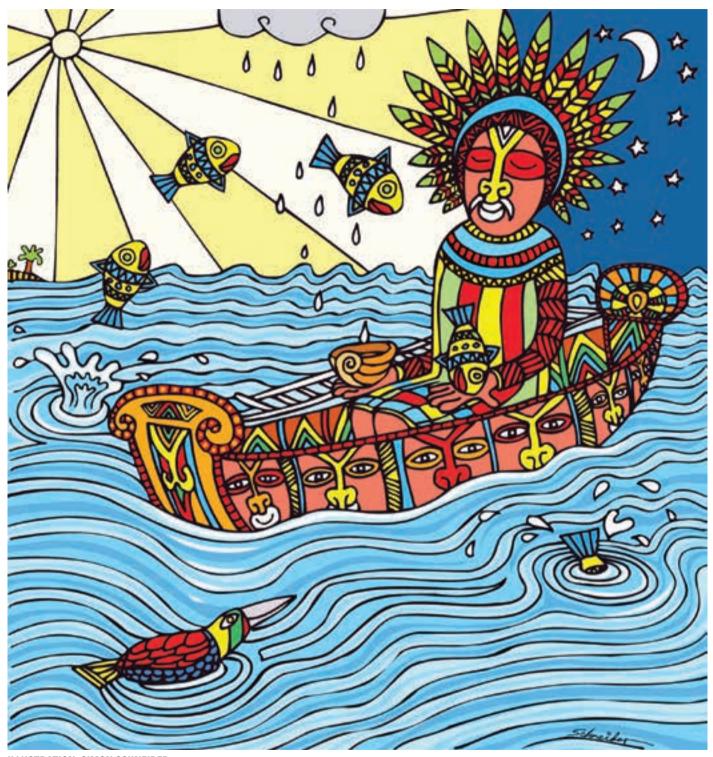


ILLUSTRATION: SIMON SCHNEIDER



The incredible voyage of the blind man in a canoe

Chips Mackellar recalls a story of survival on the Solomon Sea.

was the assistant district commissioner of the Trobriand Islands when one day in the 1960s a blind man on Alcester Island lay down on a beached canoe in the warmth of the afternoon sun and dozed off to sleep.

No one on the island took any notice, as they were used to seeing him sleep in the canoes.

But later, when his family went to fetch him for dinner, the canoe was gone.

By then it was dark. The tide had come in and the canoe had floated out to sea >





The incredible voyage of the blind man in a canoe

with the blind man on board, still asleep.

The alarm was raised and people ran along the beach, calling frantically, but there was no response.

In desperation, the villagers paddled around the island in their canoes in the dark, but they did not find the blind man.

The search went on until dawn, when it was obvious that the sea was empty in all directions. Reluctantly, the search was abandoned.

Alcester Island is a speck in the ocean, miles from anywhere. There was no radio on the island and no powerboat to launch a bigger search.

Fortunately, a passing coastal vessel called in at the island a few days after the blind man went missing. It had a radio on board and the alarm was raised, beginning an air-sea rescue operation.

Scheduled flights in the area were diverted and vessels plying the Solomon Sea were asked to keep watch.

But the blind man and the canoe were not found, so after two weeks of disappointment the search was called off and he was officially declared lost at sea.



About a month later, villagers at Kiriwina Island brought a blind man to me at the Sub-District office at Losuia. He was seeking assistance to return to Alcester Island.

I could hardly believe it. Not only was he alive, he was very well. A doctor looked over him and

confirmed the blind man had not suffered any ill effects from his ordeal. And what an ordeal it must have been.

Yet, when I told him about the air-sea search, the blind man couldn't understand what all the fuss had been about.

He explained that when he woke up in the canoe, he knew it was dark because he could no longer feel the warmth of the sun on his skin. He also knew the canoe was floating in the sea because he could smell the water and feel the canoe rocking when he moved, a situation confirmed when he put his hand in the water.

He called for help to get back to the island, but received no reply. He assumed that people on the island would also be calling out for him but he could not hear them, so he knew the island was out of earshot

He felt around the canoe and found a paddle. He could have paddled back to the island if he had known where it was. One problem was that the sea was big and the island was small









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The incredible voyage of the blind man in a canoe

and, even if it had been close by, he could not see it. So he did not know in which direction to paddle.

He also knew that if he paddled in the wrong direction, he might never make landfall alive.

Adrift and alone in an empty sea might have been bad enough for ordinary people, but for a blind man alone in a canoe, it was infinitely worse.

"So what did you do?" I asked him.

"Since I did not know where Alcester Island was, there was no point in attempting to return there," he replied.

"I knew that Woodlark Island was directly north of Alcester, and it was a larger island and therefore more easy to find, so I decided to head for there, until I could beach the canoe either on Woodlark Island, or here in the Trobriands."

"These islands are miles apart," I said.

"Yes," he replied, "but even if I could see, there was no way I could compensate for drift and current, so by heading north the chances were that if I missed Woodlark, I 66

"After a few weeks of paddling in the direction of what he thought was north, he could hear the surf breaking on a shore somewhere

99





might still land in the Trobriands." I was astonished at his sound reasoning.

"Have you been here before?" I asked.

"No," he said. "I had been to Woodlark before with other people in another canoe. But I have never been here."

I was amazed.

"So how did you know where the Trobriands were?" I asked.

"From stories people told," he said, "you know, the Kula Ring."

The Kula ceremonial exchange consists of passing traditional artefacts clockwise, and other artefacts anti-clockwise, between people living in a ring of 18 island groups scattered across the Solomon Sea.

The Kula provides strong mutual obligations of hospitality, protection and assistance to partners within the exchange system of the Ring.

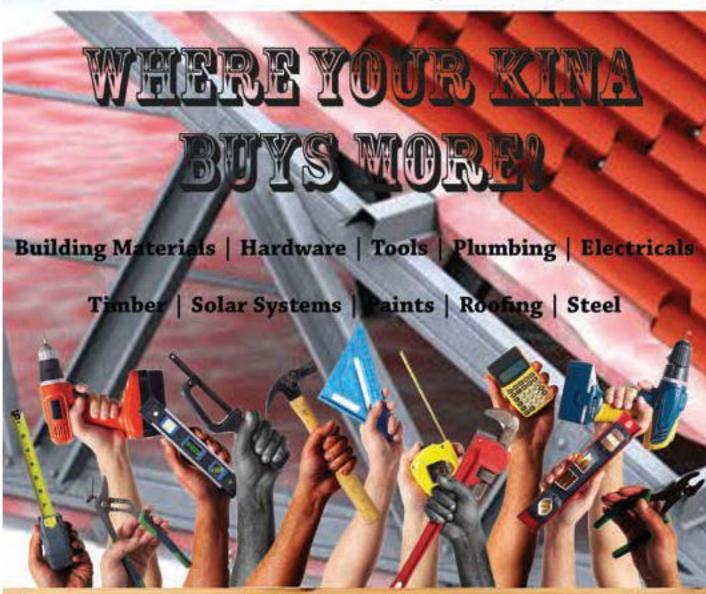
Even if villagers have never met before, the bond between them has already been established by the exchange of artefacts.





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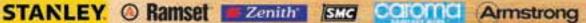
































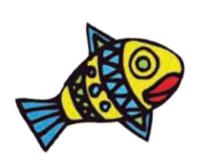
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The incredible voyage of the blind man in a canoe







They may not have passed on the artefact directly, but through others in the Ring, so they have a bond even if they have not met.

So, unable to find Alcester Island, and confident that he might find safe haven somewhere else in the Solomon Sea, the blind man paddled his canoe in the direction of Woodlark Island.

"But how could you navigate your canoe if you could not see where you were going?" I asked.

"I could not see, but I could feel the sun's heat," he said. And he went on to explain that if he kept the sun on his right side in the morning, and on his left side in the afternoon, he would roughly be heading north. So by paddling his canoe in this way he headed for Woodlark Island.

"You could not see the stars, so how did you navigate at night?"

The wind was blowing from the south-east, he told me, so he knew he was travelling northward because of the sun's heat during the day, and when heading this way he could feel the wind on his back.

So, he said, when the sun had set he paddled with the wind on his back until morning, then, with the sun rising on his right side again and the wind still at his back, he knew he was more or less, on course during the night.

And so, long after the official air-sea rescue had ended, the blind man's own search for a safe haven continued.



Flying fish skipped across the sea and over his canoe, but some did not make it across and fell into the hull.



"But you were paddling your canoe for weeks," I said. "What did you eat and drink?"

He said he felt around inside the canoe and found a bailer shell. Sometimes it rained, he said, and the rainwater would collect inside the hull of the canoe. Instead of bailing it out, he left the rainwater to slosh around and he used the bailer shell to scoop it up and drink it.

"And food?" I asked. There were flying fish, he said. They skipped across the sea and over his canoe, but some did not make it across and fell into the hull.

He said he could hear them jumping around and after a while they died. He said that by feeling around in the rainwater in the hull, he could find them and eat them raw. There weren't many, he told me, just a few every day, but enough to keep him going.

"And landfall?" I asked. "Tell me about that."
After a few weeks of paddling in the direction of what he thought was north, he told me he could hear the surf breaking on a shore somewhere.

He did not know where, but he could hear sea birds flying overhead and he could smell land: palm trees, smoke from cooking fires, the smell of a village. So when he knew he was close to shore because of the back swell from the beach, he began to call out the name of his Kula artefact.

He called and called and called, he said, and soon he could hear voices from the village and some shouting. Then, amongst the shouts



















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The incredible voyage of the blind man in a canoe

he could hear the name of his Kula artefact being repeated by one of the village men who identified himself as the local Kula partner of that artefact. The blind man then knew that his search for a safe haven was over.

People swam out through the surf and guided his canoe to the beach, and that is how he made landfall.

"I missed Woodlark Island," he said, "but I found the Trobriands instead."

His Kula partner, whom he had never met before arriving in the Trobriands, fed him and cared for him in the village until he was fit enough to continue his journey, and then the village people brought him to my office in Losuia.

I put the blind man on the scheduled charter to Alotau the following day, and I heard that from there he went by shuttle vessel to Samarai, and from there by government trawler back to Alcester Island.

From Alcester Island to the Trobriands, the blind man had paddled and drifted approximately 320 kilometres. In an open canoe travelling solo, it would have been a remarkable feat of survival for anyone, for the blind man travelling alone it was almost a miracle.

Yet when I discussed the blind man's miraculous survival with the Paramount Chief of the Trobriand Islands, he was unimpressed. "We have been sailing across the Kula Ring for a thousand years," he said. "Canoes get lost, blown off course, break up in rough seas, or get swept on to coral reefs and atolls.

does happen we know what to do. Your search with ships and planes could not find this blind man," the Chief continued. "But he knew what to do, and it was his own search for a safe landing which saved him." "But he was blind," I insisted. "Yes," the Chief said, "but he still knew what to do, and Losuia that is the way it is in these islands " Kiriwina Is Trobriand Is I was astonished Group that the Chief was so unimpressed by the blind man's ordeal. Woodlark Is "It was nothing special," the Chief continued, "it was just another event of life in Fergusson Is the Kula Ring". It might have been, but Alcester Is I will always remember the amazing feat of Normanby Is endurance, determination and skill of that blind man. Km 100 **PNG**

Chips Mackellar was a patrol officer in pre-Independence Papua New Guinea who rose to the rank of assistant district commissioner before becoming a magistrate in Port Moresby. Patrol officers, or kiaps (pidgin for captain), were representatives of the Australian Government with wide-ranging authority. Mackellar has a 2013 memoir, Sivarai, about his time in PNG. It is available on Amazon.

"It doesn't happen very often, but when it

Paradise wishes to thank Keith Jackson, from the online site, "PNG Attitude", which first published this story.













Guilt-free jewellery

Richard Andrews reports on the tiny Bali business that has become a world phenomenon.



aga is a celestial dragon in Balinese mythology who dives from the sacred Tiga Gunung volcanoes into the sea each night to visit his most treasured possession: a glistening pearl with the power to grant all desires.

He rises back into the mountains at dawn, with water cascading from his scales into the rice fields for a plentiful harvest.

Naga is not only a symbol of love, prosperity and protection. He's also inspired one of the collections that have made the John Hardy company a multi-million dollar supplier of jewellery to upmarket outlets around the world.

John Hardy is a Canadian designer who was captivated by Bali's unique blend of Hinduism, Buddhism and Animism while on a round-the-world voyage in 1975. He dropped his backpack and stayed on to study the work of local artisans, heirs to methods perfected by the metal smiths of the former royal courts.

Hardy adapted the traditional techniques and motifs to modern designs. One technique, known as *ukiran*, involves etching a piece of jewellery's inner surface with a design that tells a "secret" story worn

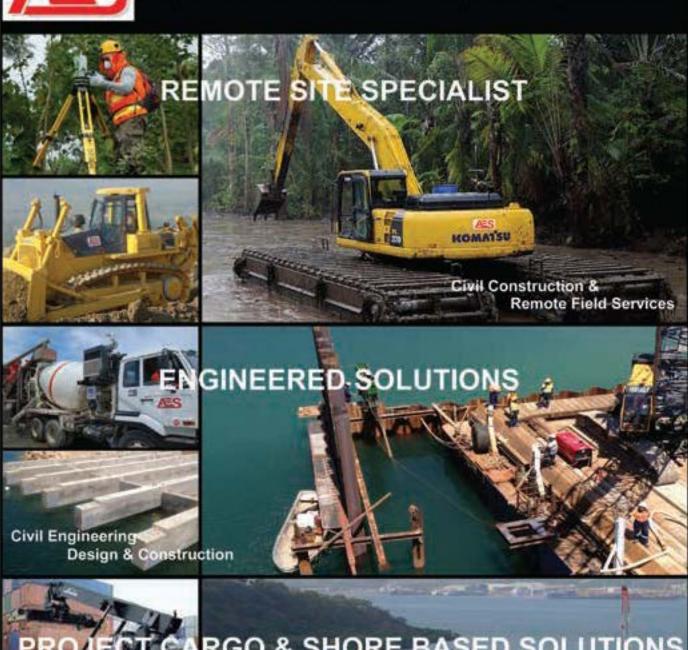








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Guilt-free jewellery

next to the skin. Hardy bracelets also carry emblems symbolising power, just like those found on warriors and deities throughout ancient Balinese art.

While living in a small house outside Ubud, without running water or electricity, Hardy and his wife Cynthia developed what was literally a cottage industry. Marketing was similarly basic.

Hardy carried his work in suitcases to the US to drum up customers. Sales took off after the luxury department store Neiman Marcus liked some silver key-ring holders and ordered ear rings based on the same design.

Celebrity designer Guy Bedarida joined the company in 1999 and upgraded the Hardy brand internationally. Bedarida expanded the use of classical European jewellery techniques and included new motifs inspired by nature, as well as East Asian art styles and themes. Many John Hardy collections are now sold globally by retailers such as Harrod's and Saks Fifth Avenue.

With more than 600 staff, the company is one of Bali's largest employers, although headquarters have been transferred to Hong Kong, with a representative office located in New York.

In 2007, Bedarida, and former company president Damien Dernoncourt, bought out Hardy, who still lives in Bali with his family.

Inspired by Al Gore's documentary, *An Inconvenient Truth*, Hardy now focuses on social and the environmental projects. These include the award-winning Green School he co-founded, which provides a "natural, holistic" education for students from Indonesia and more than 30 other countries.

Environmental protection is also a major aspect of the John Hardy's approach to jewellery production.

"You can look good and still feel good," Hardy had long maintained, and the concept of sustainable luxury is a key marketing mantra.

"We only use recycled silver in our collections," says Bedarida, the company's >

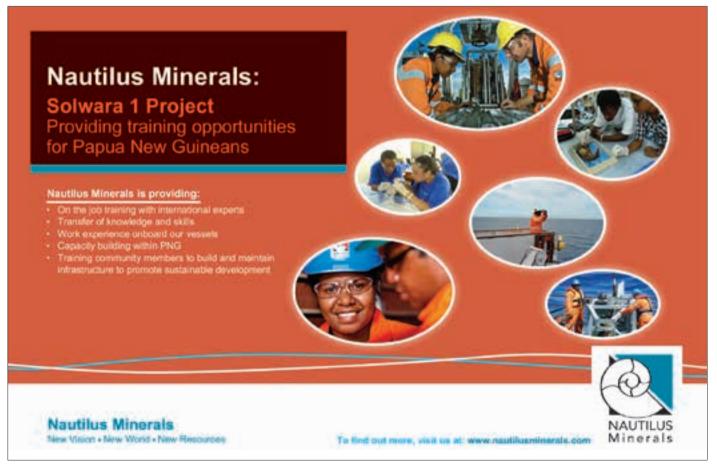








The compound ... jewellery is produced here, but the John Hardy property in Bali also functions as a community meeting space and organic farm.







Guilt-free jewellery

creative director and head designer.

"Recycled silver is more expensive than mined silver, but by recycling, silver's quality is still as good as new mined silver. We also source precious stones from responsible vendors."

The eco-friendly philosophy extends to the company's workshop and design centre — a cluster of bamboo and adobe buildings with alang alang grass thatching in Bali's ricegrowing country. The two-hectare compound produces jewellery and also functions as a community meeting space as well as an organic farm that serves healthy food to workers and visitors.

The company has also supported the local government's conservation efforts by planting bamboo seedlings throughout Bali. Even the management team is encouraged to participate in the planting and harvesting of the workshop's rice fields to maintain their connection to the environment and local culture.



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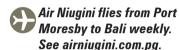
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Guilt-free jewellery

But can the company compete with cheaper mass production by manufacturers that care less about their carbon footprint? Bedarida acknowledges the challenges, especially with the changes in jewellery trends since he joined the company in the late '90s.

"Now, customers have a bigger selection to choose from, and with the internet, they can access new collections much faster," he says. "Costume jewellery is created with the look of a high-end piece at a fraction of the price."

Nevertheless, Bedarida maintains the self-assurance of an Italian artist. "Customers still adore craftsmanship and precious stones," he says. You can never compare a diamond to a crystal. Like the old saying, diamonds are *still* a girl's best friend."

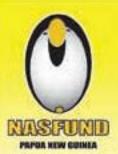




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This watch will change the way you surf, or at least the amount of attention you pay to what you do on the waves. It registers your top speed and distance, gives you all the information you need about the tides, and counts the waves you catch and the speed at which you travel on them. It then saves this information and connects it to the Rip Curl Search app on your phone so you can brag ... ahh, share it with your buddies when you're back on dry land.

PGK1053, ripcurl.com.



Freestyle Classic Tide

The Freestyle offers all the features anyone would want on an aquatic adventure, while still being very affordable. It gives tidal information for 150 locations around the world, is water-resistant up to 100 metres and has a backlit display. *PGK316, freestyleusa.com.*



Tag Heuer Aquaracer 300M

It's definitely an investment, but Tag's Aquaracer has been one of the best watches on the market for years. The new Aquaracer 300M range, named after its 300-metre dive capability, is fully water and shock resistant and has luminous markers for easy underwater reading, making it the ideal companion for lovers of diving, sailing, surfing, swimming ... or just beautiful watches. *PGK4530. tagheuer.com.*



Nixon Supertide

If your brain has dissolved a little in all that saltwater, fear not: the Nixon Supertide shows the rhythm of the tide on a graphic LCD display and syncs you with the motion of the ocean so you know exactly when to go for each wave. It's waterresistant up to 100 metres and features programmed tide charts, as well as sunrise and sunset data for over 230 beaches. Available in various colours and styles. *PGK527, nixon.com/watches.*



Rip Curl Raglan Tidemaster

Wrap Rip Curl's Raglan Tidemaster around your wrist and you'll be able to read the height and direction of the tides, what phase the moon is in and the date and time simultaneously. The watch uses surgical-grade titanium in its construction, which basically means it's super durable while

being really lightweight, plus it's water resistant up to 200 metres. *PGK1685, ripcurl.com.*



Oris ProDiver Date

Oris has long been known for its distinctive, rugged dive watches but the ProDiver Date is another step up. The lightweight, tough, corrosion-resistant titanium case is topped with a rotating bezel featuring Oris's "Rotation Safety System", which prevents accidental rotation that could alter dive times. One to be handed down through the generations.

PGK12114, oris.ch/en.



Casio G-Shock Frogman

G-Shock named this model the Frogman because it was designed to survive on land, muddy soil and underwater. It has 200-metre water resistance, making it good for swimming, snorkelling, or low-depth diving. The case has also been designed to prevent dust or sand from wreaking havoc, and its bold and sporty design looks pretty good on the wrist, too.

PGK1789. casio-intl.com.



Victorinox Dive Master 500

Being Swiss, it's no surprise that the Victorinox Dive Master combines good looks (the engraved luminous bezel and supple rubber strap are particularly great) with a ruggedness that can withstand the inevitable scrapes of seafaring shenanigans. Available with a self-winding, high-grade mechanical movement or a precise quartz ticker, and a variety of dial and strap colors.

From PGK2739, victorinoxwatches.com.



Vestal Brig

Don't ask us how, but the Brig will have accurate tidal data for the next 20 years. Ideal for serious surfers, it comes with Vestal's custom-training mode so you can practise surf heats like South African pro-surfer Jordy Smith, who designed the watch. The rubber strap, which comes in 18 colour combinations, also has a special locking system so it will stay on your wrist no matter how many times you get dumped. *PGK377, vestalwatch.com.*



Timex Intelligent Quartz Depth Gauge

Surprisingly, given the critical relationship between time and depth for a diver (#thebends), there are only a handful of dive watches that have a depth gauge. The Timex Intelligent Quartz Depth Gauge is, as the name suggests, one of them and also includes a temperature sensor, all for the price of a good wetsuit. PGK485, timex.com.





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Gadgets and travel

accessories

Narrative clip-on camera

This tiny, five-megapixel Narrative Clip camera clips on to your clothes, then automatically snaps two photos every minute, capturing your travels as you go. The device weighs just 20 grams, plus it includes GPS so you won't forget where your pics were taken, which is also a great way to remember names of restaurants or shops you visited throughout the day. Gives new meaning to the term "photographic memory", right? Comes in white, grey and orange.

About PGK400, getnarrative.com.



Steiner binoculars

Steiner Safari Ultrasharp binoculars are tough, well made, have great image clarity and don't cost the earth. With a 10x magnification that shows you more detail from further away, and a duel hinge design that means they can fold up into a compact shape that will fit in your pocket, they're a smart choice for anyone heading into the PNG forest for some bird watching. *About PGK540, opticsplanet.com.*



Jawbone speaker

The Jawbone Mini speaker is less than 2.5-centimetres thick, weighs just 255 grams and comes in nine colours and five design options, making it quite possibly the coolest travel speaker on the market. The speaker connects to your device via Bluetooth for up to 10 metres and works on a rechargeable battery that will last 10 hours. If you buy two, or have a travel companion who also owns one, you can pair them for stereo sound. Party on. About PGK485, jawbone.com.



Nikon CoolPix

One of the best and most easy-to-use compact cameras in the business, the Nikon CoolPix S810c let's you snap, edit and upload straight from its LCD touch-screen. It has built-in Wi-Fi and comes preloaded with full Android software for social sharing and cloud storage. Oh, and it also has a retractable 12x optical-zoom lens and a lightning-fast start-up speed, just in case you weren't convinced. Comes in black and white. About PGK940, nikonusa.com.



Mini espresso machine

Caffeine addicts rejoice: you can now get your caffeine fix — and a rich, creamy one at that — on the go with the Wacaco Minipresso. This tiny, hand powered, portable espresso machine weighs less than 500 grams, includes a built-in cup and fits easily into your carry on or backpack. All you need are the compatible capsules and you're good to go. *About PGK175*, wacaco.com.



Ahnu hiking boots

Activewear company Ahnu knows its stuff when it comes to performance hiking shoes. The Coburn mid-weight hiking boot contains a breathable waterproof bootie inside, which pulls moisture away from your feet as you walk. It's also exceptionally good looking, and will stay that way thanks to tough, waterproof full-grain leather that can withstand all kinds of terrain. About PGK445, ahnu com



Kindle Voyage

Kindle's latest luxury incarnation is the Rolls Royce of e-readers. The Voyage is glare-resistant, has the highest screen resolution and brightness it has ever had, is lighter and thinner than before and has a 15-centimetre screen that's flush with the body, making it easier to clean and carry. You can turn the page just by squeezing it, and it now includes a translation tool. About PGK535: amazon.com.





Metal-free belts

Simple.be's metal-free zig-zag belt is the ultimate travel belt since it's easy to put on and you don't have to take it off at airport security checks. The adjustable, machine washable belt will also stay in shape, thanks to the zig-zag stitching pattern and double-layer construction with heavy-duty polyester webbing. Comes in a variety of colours including beige, green and blue. About PGK105, simple.be.



Dom Reilly watch roll

UK-based luxury leather travel accessories store Dom Reilly is run by ex-Formula One driver Dominic Reilly, so it's no surprise that its full-grain leather watch roll includes a layer of hi-tech foam that's also used in the cockpits of F1 cars, a material that will protect timepieces from 97 per cent of the shock from an impact. Can hold up to four watches at once. About PGK800, domreilly.com.



We already knew the Bose Quiet Comfort 25 over-ear noise-cancelling headphones deserved a gold ribbon, but since their recent upgrade in both performance and design, they probably deserve two. They now eliminate more noise than ever, making them perfect for cutting out the plane's engine roar or hotel's AC unit. They come with new colour finishes, and they have a fold-up frame and snazzy matching carry case. About PGK1075, worldwide.bose.com.



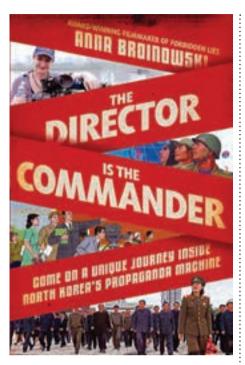
Secure clothing

You want to keep your valuables safe when you're on the road, but you don't really want to deal with an uncomfortable fanny pack, right? Luckily, Clever Travel Companion have come up with a range of T-shirts, tank tops and underwear that includes hidden zippered pockets for stashing credit cards, cash and important documents. From about PGK70, clevertravelcompanion.com.





BY GREG CLARKE



The Director is the Commander (Penguin) by Anna Broinowski

Filmmaker and writer Anna Broinowski explores the North Korean publicity machine in *The Director is the Commander*.

It recounts the 21 days Broinowski spent in North Korea shooting the documentary *Aim High in Creation!*, a film peeking into the secrets of effective propaganda.

Looking for respite from her crumbling marriage and on a mission to stop a coal seam gas mine near her Sydney home, Broinowski turned to North Korea for inspiration.

She travelled to Pyongyang to collaborate with North Korea's top directors, composers and movie stars to make her anti-fracking propaganda film.

In the book, Broinowski meets and befriends artists and apparatchiki, defectors and loyalists, and gains an insight into what may be the world's most secretive regime.

The Director is the Commander is an extraordinary perspective from inside a nation we most usually see from the outside.



The Sick Bag Song (Canongate) by Nick Cave

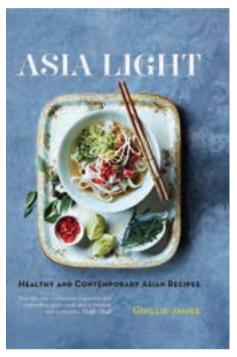
When Australian musician, author, actor and writer Nick Cave was on a 22-city tour of North America in 2014 he made notes and sketches of his encounters, longings and exhaustion on plane sick bags.

Initially, Cave sent photographs of the bags to his publisher in London. Those initial scribbled ideas have grown up and become a book about the people, the books and the music that have inspired and influenced the UK-based Cave (the front man of the band Nick Cave and the Bad Seeds also has an honorary doctorate of letters from the University of Brighton).

According to its publishers, *The Sick Bag Song* blends poetry, lyrics, memories, musings and flights of fancy, and explores and develops what might be Cave's limitlessly imaginative universe.

Twenty-two sick bag doodlings are integrated throughout the book. A limited edition of it costs a whopping PGK3200. It includes a fully functional sick bag.

The book is only available at thesickbagsong.com.



Asia Light (Simon & Schuster) by Ghillie James

Fond of a good laksa? According to Ghillie James, Asian ingredients may be often fresh and vibrant but not all Asian recipes are as healthy as they taste.

Singapore-based James was food editor of *Sainsbury's Magazine* for five years and now writes freelance for a number of magazines, including *Delicious*, *BBC Good Food* and *The Boston Globe*.

Sugar, salt, unhealthy oils and fatty cuts of meat can make some Asian foods about as healthy as a hamburger. In this book James serves up recipes to cook Asian classics including Vietnamese spring rolls, laksa and beef rendang in a lower-fat way.

Also featured are some of James' own creations – steam baked salmon and vegetable parcels with Asian dressing and Vietnamese chocolate coffee pots – as well as ways to make more healthy versions of South-East Asian pastes and sauces.

Amazing Grains, one of James' earlier titles, was nominated for a Guild of Food Writers' Award for a work about healthy eating.





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Shipping

Business development Small business services

Logistics.

BY GREG CLARKE



Masterminds

In 1997, about \$US17 million was stolen in the US state of North Carolina from a van belonging to Loomis Fargo and Company.

This was reportedly one of the biggest robberies in US history. It was an inside job, partly organised by one of the security company's guards. Eventually the guard and his fellow perpetrators were caught and most of the money recovered.

The geniuses behind this robbery couldn't control their spending habits and were undone by flashing too much cash. Hollywood's penchant for taking license with true stories meant this brilliantly stupid lack of self-control could inevitably be mined for aspiring comedy gold.

Somewhat appropriately, the cast is made up of acclaimed comedians cum actors. Zach Galifianakis from *The Hangover* trilogy and *Birdman*, Kristen Wiig and Jason Sudeikis (both were once members of the *Saturday Night Live* cast) as well as the not immediately recognisable Owen Wilson play some of the heisters.



Mr Holmes

Sir Ian McKellen plays a retired Sherlock Holmes in this crime drama mystery based on the Arthur Conan Doyle inspired novel *A Slight Trick of the Mind* (Mitch Cullin).

In 1947, Holmes is 93 years old and living in the Sussex countryside, tending his bees while his housekeeper and her young son keep him company. Three-time Academy Award nominee Laura Linney (*The Fifth Estate* and *Primal Fear* are two of her many credits) plays the housekeeper, Mrs Munro.

The elderly and cantankerous Holmes' memory is fading but an old picture he happens upon inspires him to reinvestigate an old unsolved case. The woman in the photograph; who is she? Once Holmes would have recalled everything about her — but now he must play detective all over again.

The answer may also lead him to rediscover why he left his profession and correct some of the frustrating wrongs Dr Watson has written in his books. Holmes wants to get things right before he dies.

Colin Starkey (whose credits include *Inspector Lewis*) is Dr John Watson. Oscar winner Bill Condon, the man behind the direction of the *Fifth Estate*, is Mr Holmes's director.



Ant-Man

Ant-Man first appeared in a Marvel Comic book in 1962. Spider-Man, the Avengers and Captain America are other characters that came out of Marvel's version of a fun factory.

Ant-Man, a founding member of the Avengers, has the ability to shrink while maintaining fabulous strength and is the latest Marvel character to make it on to the big screen.

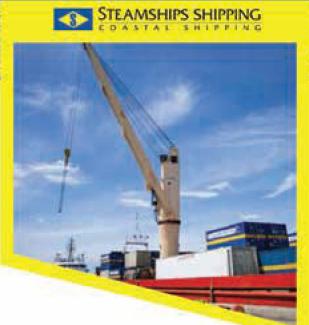
Dr Hank Pym is the scientist who invented the magic that allowed him to change size and become a suit-wearing super hero. Scott Lang is the character who first became goodguy Ant-Man after stealing the transforming suit (Lang's career as a burglar was short).

In the movie Lang and his mentor, Dr Pym, must protect the secrets behind the spectacular Ant-Man powers from a new generation of threats. As ever, the obstacles the good guys face can seem insurmountable. Will Pym and Lang and Ant-Man endure, and pull off a heist that will save the world? Know the answer? Matters not; Marvel fans will doubtless still want to see this one.

Scott Lang, aka Ant-Man, is played by Paul Rudd, whose credits include *I Love You*, two *Anchorman* movies and *Clueless* (1990s). Evangeline Lilly – *Hurt Locker* and two *Hobbit* movies – plays Hope Van Dyne, the estranged daughter of Hank Pym. Hollywood constant Michael Douglas plays Pym.











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STRICTLY BUSINESS

from www.businessadvantagepng.com

GOOD FOOD rising



As incomes rise, Papua New Guineans are demanding higher quality food and more variety. *Kevin McQuillan* reports.

rising middle-class in Papua New Guinea is driving the emergence of a wider variety of food and beverage business, with less reliance on supermarkets, particularly in Port Moresby.

It reflects, say food specialists, an increasing demand for high-quality food products in PNG.

The creation of the giant PNG LNG project has brought with it a demand for fresh and innovate choices of food and beverages, says Gary Ormsby, the customer service manager of Food Pro PNG, which recently opened Mity Meat Haus in Port Moresby.

Mity Meat Haus is an old-style butcher's shop, the likes of which, he says, hasn't been seen in PNG since Hugo Berghauser had his butcher shop in Boroko in the early 90s.

"We realised there was a demand for people wanting quality and quantity; we provide everything from a whole carcass, bulk cartons of product, to top-of-the-range steak."

Food Pro PNG began with two people in its wholesale business four years ago. Now it has a staff of more than 50.

Its success is mirrored by two other food service businesses: Cairns-based Total Food Network, and Port Moresby's specialist dessert caterer. Tapioca Delight.

Total Food Network's success in PNG and its expansion plans reflect greater affluence, compared to 10 years ago, says the company's PNG managing director, John Taylor.

"A good example is the amount of fresh dairy we bring in now for supermarkets and caterers," he says.

"On the retail side, the supermarkets are definitely selling a higher-quality product, whether that's fresh milk or tomatoes."

TFN has a staff of 15 in Port Moresby, five in Lae and five on Manus island, where it provides food services for the transferee facility.

Foodie delight ... the happy crew at Mity Meat Haus (this page and opposite, top); Ginia Siaguru from Tapioca Delights (opposite page, bottom).

"We are now marketing and managing a piggery here in Port Moresby," says Taylor. It has around 5000 pigs "the only one of that size in this side of the country".

While TFN sources most of its products via Australia and New Zealand, where possible it sources fresh fruit and vegies from Port Moresby and the Highlands, as well as eggs, rice, flour and bottled water from Lae.

Employing local staff, training them and sourcing local ingredients is a big plus.

"One thing about the Mity Meat Haus is that all our manufactured products are made in our Badili facility. We have a master smallgoodsman from New Zealand who trains his PNG staff on how to make these products using the best techniques," says Ormsby.

"We have customers that prefer to buy our products than imported smallgoods, some even buying our gourmet sausages to fly to their family and friends abroad, or to other locations in PNG.

"All training is done on site, using the latest equipment, but we use the old-fashioned way of making sausages. Our bacon, hams and smoked sausages are smoked the old way. We use a natural timber for our smoking, not a chemical smoke."



Our bacon, hams and smoked sausages are smoked the old way. We use a natural timber for our smoking, not a chemical smoke.







Mity Meat Haus is not just a butcher's shop. It sells frozen vegetables, frozen fish, nibbles, pork, ham, and cheeses from NZ and Europe.

"Probably the biggest kick I've got out of the whole thing was when people who are spending their hard-earned money at the Mity Meat Haus want to come up and shake our hand for bringing them something that is different to the norm. It's quite a humbling experience."

The demand for quality delicatessen product reflects a rising middle class, says Ormsby. "Nowadays, Papua New Guineans won't accept anything but the very best."

Papua New Guineans also expect certified food

Mity Meat Haus group has its own quality assurance team, as well as a qualified food technologist, to check that products sold are to the highest standard.

"We've had people from Bougainville, Kiunga in Western Province and Southern Highlands, ask if we can create another Mity Meat Haus for their provinces.

"We've got a growing population and there are not enough products coming through to supply, particularly on the beef side of things.

"We can't buy enough quality local beef, so although we use what we can, we have to supplement with imported product."

Taylor agrees the potential for PNG-sourced food is enormous.

"We see great export opportunities from PNG to Australia and the rest of the Melanesian Spearhead Group (MSG), be it meat, seafood or fruits and vegetables — but only once the commercial supply chain and quality assurance side of things are set up correctly."

The stories in our 'Strictly Business' section were first published in PNG's online business magazine, businessadvantagepng.com and are re-published by arrangement with Business Advantage International.



A PIECE OF CAKE

Tapioca Delight is a small, homebased catering firm that began three years ago, and it's flourishing.

Located in Port Moresby, Ginia Siaguru's Tapioca Delight supplies cakes, cupcakes and other desserts for corporate events, special occasions, birthdays and celebrations.

"We specialise in dessert catering," says Siaguru, "so our main market is families, but since mid-2014 we have branched out into providing lunches and fingerfood for corporate events."

But it's cakes that provide the mainstay of the three-person business, she says.

"You can get creative with just about anything when it comes to cakes."

Siaguru is bringing not just consistently good cakes to Port Moresby, but also novel and creatively presented cakes.

"And we are very busy," she says. "Especially on public holidays, such as Christmas time and Easter, we get big orders. But on a weekly basis, it's busy Thursday through Saturday, with a slightly quieter Sunday.

"In the next two years, we'd love to start a cafe, and offer a full menu, for people to come, sit down, have a drink and a meal."

Siaguru puts the success of Tapioca Delight down to providing a consistently high-quality product. Her advertising is through word-of-mouth and Facebook.





A star performer

In the challenging environment facing PNG's mining industry, Highlands Pacific is standing out since starting its Star Mountain exploration campaign with Anglo American. *Ben Creagh* reports.



unior miner Highlands Pacific continues to build on its reputation for attracting investment from major companies to advance exploration projects in Papua New Guinea.

The company formed a joint venture partnership earlier this year with one of the industry's largest, Anglo American, to continue the exploration and development of the Star Mountains copper—gold project in the West Sepik Province.

John Gooding, managing director of Highlands Pacific, says Anglo American has shown "foresight and initiative" with the Star Mountains investment, at a time when many major miners are shelving their exploration plans to cut back on costs.

"We are very thankful that we have been able to attract a company of the stature of Anglo American, who have recognised the calibre of our exploration ground and the work we have done there in the past," Gooding says.

"It is great that another major miner is coming in and showing faith in what the Prime Minister (Peter O'Neill) and his team are trying to achieve."

Anglo American has agreed to farm-in to Star Mountains with a \$US10 million payment

and the potential of controlling 80 per cent of the project in the coming years.

The JV partners are already drilling at their first target at Star Mountains as part of a 3000 metre, \$US6.5 million exploration campaign.

To increase its ownership of Star Mountains to 51 per cent, Anglo American will spend \$US25 million on exploration over the next four years and achieve a JORC-compliant resource of three million tonnes of copper (equivalent). To then advance to 80 per cent, it must complete a bankable feasibility study on the project.

The agreement at Star Mountains adds to Highlands Pacific's history of establishing partnerships with larger companies to ensure the future of its projects.

At the Frieda River copper—gold project in the West Sepik province, Highlands Pacific owns a 20 per cent interest, with the other 80 per cent now owned by PanAust, which acquired the stake from Glencore.

According to Gooding, the recent takeover offer for PanAust by China's GRAM is an endorsement of the quality of the company's assets and in particular the Frieda River project's "great potential" to be the next big mining project in PNG.

PanAust is currently preparing the project for a feasibility study due for completion by the end of the year.

Despite the Star Mountains and Frieda River achievements, Gooding concedes that attracting larger partners has not always been the strategy that Highlands Pacific envisioned for these projects.

"Probably our biggest achievement is that we keep finding world-class ore bodies that are so big we need to bring in major partners because we don't have the financial capacity alone to do them justice," Gooding explains.

Highlands Pacific's portfolio in PNG also features an 8.56 per cent interest in the Ramu nickel—cobalt mine near Madang, its only producing asset.

The Ramu mine is now majority owned by China's MCC Ramu Nico and other Chinese investors.

In Milne Bay Province, the company is partnered with Japan's Sojitz Group in the early-stage Sewa Bay nickel property after the two parties signed a JV agreement late last year.

Gooding says Highlands Pacific has survived the global mining downturn through the development of these projects and the market is now starting to see the value of the company's assets.

Highlands Pacific's ability to attract partners has seen the company's share price rise substantially on the Australian Securities Exchange (ASX) this year.

A key player spiking interest in the company has been global commodity trader Trafigura, which bought almost 50 million shares in the company at a significant premium in March, to lift its share in Highlands Pacific to more than 16 per cent.



The Ramu nickel mine ... part of the Highlands Pacific portfolio.



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Full steam ahead



 ${\bf Peter\ Langslow\ ...\ the\ Steamships'\ boss\ is\ promising\ an\ exciting\ food\ and\ beverage\ destination\ at\ Port\ Moresby's\ Harbourside.}$

Steamships chief Peter Langslow speaks to us about what lies ahead for one of PNG's largest and oldest companies.

eter Langslow is a 30-year veteran with London-headquartered John Swire and Sons, which owns 72 per cent of the Steamships Trading Company.

He took up the CEO/MD position with Steamships in mid-January, replacing Geoff Cundle, who now manages the Australian arm of the Swire group.

Steamships is one of PNG's biggest employers, with about 4000 people on the payroll and has been through a transition in recent years.

After divesting itself of supermarkets, auto dealerships, insurance, and construction or building services, it now concentrates on three divisions: logistics (shipping, ports and transport), property and hotels (Coral Seas Hotels and Pacific Palms Property), and commercial (Laga Industries, and a joint

venture with Colgate Palmolive PNG).

Prior to taking over as MD, Langslow's introduction to Steamships' PNG operations was hands-on, spending five weeks in Lae, where he ran the food and food services subsidiary, Laga Industries, while awaiting the arrival of its new general manager, Gerard O'Brien.

"Laga is an interesting and exciting business," he says. Langslow explains that the company's Gala brand is the only ice-cream producer in the country and that it is about to complete a plant expansion that will increase capacity by two and a half times.

"Laga's ice-cream factory development reflects our confidence in the prospects for this sector of the consumer goods market in PNG," he says This year will also be a busy one for Coral Sea Hotels, Steamships' hotels division. "Our focus is on quality and operational excellence, as evidenced by the Grand Papua as the premier hotel in Port Moresby," he says.

"We're redeveloping the Huon Gulf Hotel and we'll also be building more rooms, food and beverage options and conference facilities at the Highlander Hotel in Mount Hagen."

A new Coral Seas Hotel will be built and operated for the OK Tedi Development Foundation in Kiunga in Western Province, and plans are underway to refurbish all eight hotels in the Coral Seas group around the country.

Langslow is thoughtful, however, about how much the hotel sector in Port Moresby can grow. Three years ago, there were about 900 rooms available. But with new ventures such as Raintree and the Holiday Inn, the projections are for as many as 3000 beds within three years.

"I think we'll see what the market can bear, but certainly that rate of increase in the number of keys gives one something to think about."

Last year, Steamships' Pacific Palms Property division completed development of its new retail centre (Waigani Central), and is now leasing out its newly built office block in Port Moresby's CBD (Harbourside).

On the ground floor of the Harbourside, Langslow promises Port Moresby's "most exciting" new food and beverage destination.

It will comprise four restaurants, a sports bar, and a coffee shop. "All with fantastic harbour views and already leased out," he says.

Looking ahead, Langslow says the relocation of the port of Port Moresby will open up space and more opportunity in the CBD.

"One of the big questions for Port Moresby in the years to come as that materialises, is the way in which this part of town develops.

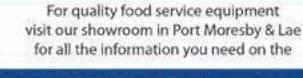
"It will need some planning and coordination because there's a very large amount of land. This is an important question for Steamships because we have quite a land bank of properties in the central business district, so it's an issue we'll be following very closely."





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Full steam ahead

While the commercial and hotel and property divisions are expanding, Steamship's logistics division is consolidating.

Since February, East West Transport no longer operates the Highlands Highway route.

And, while Steamships' two coastal shipping companies, Consort Shipping and Steamships Coastal, have upgraded their fleets, Langslow describes the business environment as difficult.

"There's reduced levels of activity, the economy's slower, the kina value is not helping, the agricultural commodity prices that inject the money into the economy which enables people to buy things have all declined," he notes.

Consort Shipping, which connects 15 ports and runs a service to Townsville, is seeing flat tonnages.

"Steamships Coastal, which is much more about projects and charter work on the Papuan coast and going up the Fly and 66

Our balance sheet is strong. We're well positioned and we'll do what we need to do in order to get through the challenges ...

99

Kikori rivers, has seen reduced activity after the completion of the Exxon Mobil-led LNG project.

"So with oil and gas prices where they are, the risk, of course, is that developments may slow down.

"We hope not, because that's the sort of business that we're well positioned to serve. So, the focus within the logistics category is to look for synergies and efficiencies."

East West Transport will combine with the company's stevedoring activities to create a land-based logistics division.

Over all, Langslow is positive about Steamships future.

"While we expect the environment to remain a challenging one as we go forward through 2015, we remain optimistic and confident in the longer term.

"We're taking a somewhat cautious view in the present environment, but at the same time it's quite deliberately a case of keeping our powder dry, so that as opportunities arise, we'll be in a position to pursue them, rather than being overextended.

"Our balance sheet is strong. We're well positioned and we'll do what we need to do in order to get through the challenges, as we have through all the ups and downs we've seen during our 97 years here in PNG."





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Ice-cream company aims big

Laga Industries has expanded and is promising to deliver better — and more — ice-cream to the people of PNG and beyond. *Ben Creagh* reports.

apua New Guinea's potential as a market for ice-cream is to be put to the test with Laga Industries completing an expansion of its manufacturing facilities in Lae.

Already PNG's leading producer of ice cream, the business, which is part of Steamships Trading Company group of businesses, is set to become the top icecream manufacturer in the South Pacific.

Its plant upgrade has given it facilities with technologies the equal of New Zealand or Australia, according to general manager Gerard O'Brien.

The PGK10 million expansion will see Laga increase the Gala brand's capacity by 150 per cent, from 20,000 litres of ice-cream a day to around 50,000 litres.

The upgrade will enable Gala to meet growing demand and expand its range of ice cream. It will also see the return of the Gala Gold ice-cream, a gourmet product that previously proved popular.

The new facilities include an automated mix plant, (three high-capacity churns), an



The people of PNG certainly like their ice-cream.

99

automated cleaning and sanitisation system, upgraded frozen storage, and high-capacity blast freezing capability, which is critical to maintain a high-quality product.

O'Brien says that Gala was "struggling to keep up" with demand for ice-cream around PNG in recent times.

"Certainly, last year we didn't do ourselves any favours in the marketplace by being out of stock at various times," he conceded.

"The expansion will mean we can keep up with demand which is increasing – the people of PNG certainly like their ice-cream."

Describing it as something of a "latent market", O'Brien will be interested to see how much demand for Gala's products can grow.

"It's hard to say how big the market could be. It has really been infrastructure that has limited demand in terms of being able to get ice-cream to remote locations in decent condition." O'Brien explained. "The challenge for us now is to make sure we distribute it and get it around the country in good condition, which in PNG is no easy task."

To achieve this, Laga plans to continue to invest in its freezing capabilities to help it to effectively distribute it products nationwide, whether it is by ship to islands or by road into the Highlands.

Once it has consolidated its position in PNG, Laga may also attempt to build an export market throughout the Pacific, O'Brien says.

"Down the track we would like to do that. That's one of our goals, probably we have enough on our plate domestically for the next 6–12 months, but certainly that is our plan."





What makes a brand work in PNG?

A recent online survey to identify Papua New Guinea's most recognisable brands suggests that traditional marketing techniques hold sway in PNG. But for how much longer?

apua New Guinea website
Skerah ran a survey on its
Facebook page recently,
asking its followers to
identify the country's "most
recognisable" home-grown
brands

While the survey wasn't especially scientific and was understandably limited in scope (you might recognise a brand you loathe, after all), it nevertheless threw up some interesting results.

Winner of the survey was SP Brewery, market-dominating manufacturer of the nation's favourite beers, with the country's largest bank, BSP, in second place.

Third was a brand ever-present in the nation's supermarkets, Trukai, while national airline Air Niugini was fourth.

Naturally, the prominence of the top 10 brands in people's everyday lives is key, hence the





strong presence of major retail brands. Many of the brands have been around for a long time.

Several also have sizeable marketing budgets. The editors of *Skerah* made the observation that the recognition afforded to the top 10 could be tied, at least in part, to the amount of money the brands are spending on community-based activities, especially sport. Sponsors of the nation's major sporting codes

and events were prominent in the top 10.

While getting your logo on a team shirt is a time-honoured marketing strategy, many of the brands listed have strong corporate social responsibility programs, too, suggesting that the rewards for charitable works are not just in heaven.

It's worth bearing in mind that this survey was conducted online and respondents could therefore

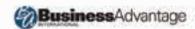


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Top brands
... (from left)
Air Niugini,
SP Brewery,
Stop N Shop,
Trukai and
BSP.

only participate if they were connected to the internet, which most Papua New Guineans are not. Yet.

How do these top 10 brands present themselves online?

It's a very mixed picture. While several have a strong presence on the web, with Air Niugini notable for conducting e-commerce on its site, some have no consumer-facing website at all. Some, like BSP

and Stop N Shop, are busy on Facebook, while others do nothing on social media.

An online presence for a PNG brand may not be as critical as some other factors for now, but times are changing.

More than a million Papua New Guineans have at least some access to the Internet, mostly via their mobile phones. There are 190,000 Papua New Guineans on Facebook, making it by far the nation's favourite social network. Both numbers are growing daily.

If PNG's growing internetconnected population and the trends from overseas are any, a credible online presence is going to be vital for PNG's brands in the future.

See skerah.com/portmoresby/top-10-papua-newguinea-brands/.

TOP 10

- **1.** SP Brewery
- **2.** BSP
- 3. Trukai
- **4.** Air Niugini
- **5.** Ramu Sugar
- 6. Stop N Shop
- 7. Brian Bell
- 8. Telikom PNG
- **9.** Agmark
- 10. Post-Courier



Five quick questions

For Digicel's new CEO, Maurice McCarthy

In Fiji you built up Digicel's corporate business, as well as its retail structure. What are your priorities in PNG?

A: In line with Digicel's global approach, in Papua New Guinea we aim to remove boundaries and deliver the best service, best value, best network and the best products and services to consumers and businesses. As part of this, we are heavily investing in data networks, as we recognise that data services are such an important part of every economy.

Our expansions included a significant investment in our data network, with additional 3G+ and LTE (4G Long Term Evolution) sites now available in Port Moresby and in Lae. The improved data services in these areas offer increased bandwidth and greater speeds. We also invested significantly to expand our network to areas previously not covered. Now there are an additional 300 new mobile communication sites, offering voice and data services to connect previously isolated communities to the rest of the world for the very first time.

In 2015, we are focusing on using this expanded footprint to provide an improved customer experience, offering reliable access to world-class products and services for all people from the Highlands to the New Guinea islands and beyond.

Are you happy with current pricing levels?

A: When you look at where we began and then contrast it to where we are now, you can clearly see that services are now more affordable, accessible and reliable.

We've extended our network and our reach and launched a whole range of value-centric voice, SMS and data offers. Our new Social Passes allow customers to experience more of our data network, by offering them free social media with the purchase of any data pass.

Additionally, we have launched a Pay-TV service, Digicel Play, with an objective to make access to TV more affordable. Digicel Play is not your traditional model, we offer three free-to-view channels, plus give customers the choice of a daily, weekly, monthly package.

What are your plans to develop the HD pay TV service, Digicel Play?

A: We launched Digicel Play last November in Port Moresby and we've extended that service from Moresby to Lae, Hagen, Buka and into Kokopo. This is an area we'll continue to expand and invest in this year.

We are producing quite a lot of local content, in terms of health, education and current affairs.



132 Paradise – Air Niugini's in-flight magazine

PNG loves sport, so it's certainly the most watched genre but there's also a significant appetite for current affairs and local news. So, this year we're going to expand our offering in line with local interests.

Are you going to develop your own infrastructure, including offshore cable, or will you rely on plans by PNG DataCo to build international cable links and incountry infrastructure?

A: Digicel is both an investor and a partner with public and private-sector organisations in infrastructure and technology development projects in the region. We understand that availability of off-shore cable is a key requirement to help drive economic growth in PNG, thus this is a focus area for our business. In line with this, we are actively perusing options for off island cable and are in the middle of finalising plans for Digicel to build its own sub-sea cable from Port Moresby, which

66

There are an additional 300 new mobile communication sites, offering voice and data services to connect previously isolated communities to the rest of the world for the very first time.

99

will allow high-speed connectivity to Australia and potentially New Zealand and the US.
In addition, we're are also utilising new technologies such as O3B satellite technology

domestically, which allows regional or rural SMEs and consumers to access our broadband service at a far more affordable rate.

What will Digicel look like in five years?

A: I think what you find is that we'll mirror what is happening across the world, where data connectivity and content is becoming more and more important. You'll see all the services (data, TV, PNG Loop) converging and there'll be significant investment into fibre, both on-island and off-island.

The consumers' appetite for data just continues to grow as we continue to provide premium-content services. We will therefore work to ensure we have the network on-island and off-island to deliver an improved customer experience and access to data technologies in line with our consumers' appetite.

— KEVIN MCQUILLAN



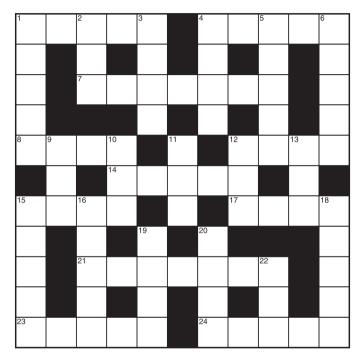


BRAIN CYM

QUIZ, PUZZLES, CROSSWORD

DoubleTake

Tackle either set of these clues – you can even mix and match them, because the solutions are the same for both sets



CRYPTIC CLUES

ACROSS

- 1. Bruise, they say, develops ominously (5)
- 4. Was he seen holding cricket trophy? (5)
- 7. Valets about to include initial request for voyages(7)
- 8. Mayday circle is only fair (2-2)
- 12. Tackle transmission setting (4)
- 14. Crisis played out on stage (5)
- 15. Run away when the fleet
- 15. Run away when the fleet takes tea (4)
- 17. Shop clearance keeps Alex inside (4)
- 21. Distributes peanut butter and jam (7)
- 23. Team leader makes requests for jobs to be done (5)
- 24. Incident in the seventies (5)

DOWN

- 1. Finance houses on either side of river (5)
- 2. What you are expected to do at every other repast (3)
- 3. Such airs, oddly enough, disfigure (4)
- 4. Monkeys seen in Budapest? (4)
- 5. He sat around in a hurry (5)
- 6. Guide bullock (5)
- 9. At night it flies unusually low (3)
- 10. Poem written in Rhodes (3)
- 11. Upper limit of dental crown (3)
- 12. Fuel discovered in

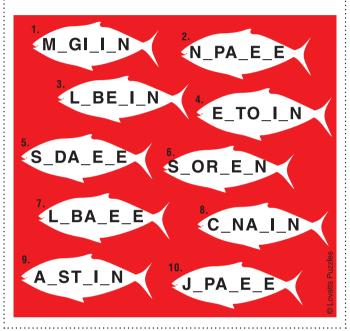
Madagascar (3)

- 13. Are leading letters everything? (3)
- 15. East, in fact, is one surface of many (5)
- 16. Relieves most diseases (5)
- 18. Build what I heard 'e wrecked (5)

Red Herrings

Fill in the gaps with letters to find the names of eight nationalities. Only eight? Yes, two of the examples are red herrings and won't produce anything but frustration.

All the answers have eight letters.



- 19. Ears damaged over long periods (4)
- 20. Beat with walking stick (4)
- 22. Even assume to take action in court (3)

STRAIGHT CLUES

ACROSS

- 1. Makes beer (5)
- 4. Fire remains (5)
- 7. Goes overseas (7)
- 8. Not too bad (2-2)
- 12. Equipment (4)
- 14. Theatrical piece (5)
- 15. Rush off (4)
- 17. On the market, for ... (4)
- 21. Scatters (7)
- 23. Chores (5)
- 24. Happening (5)

DOWN

- 1. Money boxes, piggy ... (5)
- 2. Have a meal (3)
- 3. Wound mark (4)
- 4. Mimics (4)
- 5. Undue speed (5)
- 6. Take the wheel (5)
- 9. Wise bird (3)
- 10. Lyrical verse (3)
- 11. A feather in one's ... (3)
- 12. Vapour (3)
- 13. ... or nothing (3)
- 15. Aspect (5)
- 16. Abates (5)
- 18. Upright (5)
- 19. Historical ages (4)
- 20. Sugar source (4)
- 22. Buddy Holly song, Peggy ... (3)



The Paradise Quiz

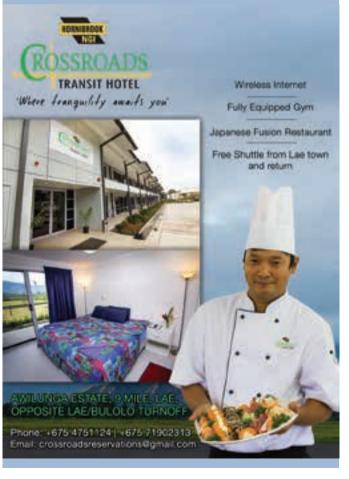
HOW WELL DO YOU KNOW THE REGION?

- 1. Where in PNG is Coastwatchers Avenue?
- 2. What are the three most commonly spoken languages in PNG?
- 3. What are the three official languages in Vanuatu?
- 4. Who was Port Moresby named after?
- 5. Is Port Moresby part of Central Province?
- 6. Where in the world would you most likely eat *natto* (fermented soybeans) for breakfast?
- 7. What shape is Manila's City Hall when viewed from the air?
- 8. Who is the Asian leader who claims he could drive a car at age three and that he hit 11 holes in one in his first game of golf?

- 9. In which year did communist forces seize control of Saigon to end the Vietnam War: 1968, 1972, 1975?
- 10. Apart from acting, singing and being elected to the Philippines House of Representatives, what is Manny Pacquiao best known for?
- 11. In which country is it illegal to sell chewing gum?
- 12. How much of the Earth's surface is covered by the Pacific Ocean: 28 per cent, 33 per cent, 52 per cent?
- 13. What are the collective nouns for (a) kangaroos (b) crocodiles (c) owls (d) toads?
- 14. What is the height of Mount Everest?
- 15. What did Australian Mick Leahy do in 1930?

SI Rating		every	Fill the grid so that every column, every row and every 3x3 box contains the numbers 1 to 9.					
			8					
	6					3	7	
		4	6		3	2	1	
1			9		4		2	7
2		7		8		6		9
5	9		2		7			1
	2	5	7		6	9		
	1	9					4	
					9			

For solutions, see page 136.





Solutions

Red Herrings

SOLUTION:

RED HERRING, Nepalese, Liberian, Estonian, Sudanese, RED HERRING, Lebanese, Canadian, Austrian, Japanese.

В	R	Е	W	S		Α	S	Н	Ε	S
Α		Α		С		Р		Α		Т
N		Т	R	Α	٧	Ε	L	S		Е
K				R		S		Т		Е
S	0	S	0		O		G	Е	Α	R
	W		D	R	Α	М	Α		L	
F	L	Ε	Е		Р		S	Α	L	Е
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3	7	1	8	4	2	5	9	6
8	6	2	1	9	5	3	7	4
9	5	4	6	7	3	2	1	8
1	3	6	9	5	4	8	2	7
2	4	7	3	8	1	6	5	9
5	9	8	2	6	7	4	3	1
4	2	5	7	1	6	9	8	3
6	1	9	5	3	8	7	4	2
7	8	3	4	2	9	1	6	5

The Paradise Quiz

1. Madang. 2. Tok Pisin (pidgin), Hiri Motu, English, 3. English, French and Bislama, a creole language evolved from English (similar to Tok Pisin). 4. Captain John Moresby arrived in 1873 and named it after his father. Admiral Sir Fairfax Moresby. 5. No, it forms the National Capital District. 6. Japan. 7. In the shape of a coffin with a cross laid over the top, but it is actually meant to represent a shield of the Knights Templar. 8. North Korea's Kim Jong-Un. 9. 1975. 10. As a boxer. (He lost a world title bout billed as the "Fight of the Century" to Floyd Mayweather in Las Vegas in May). 11. Singapore. 12. 28 per cent. 13. (a) mob (b) bask (c) parliament (d) knot. 14. 8850 metres (29,035 feet). 15. He walked across New Guinea and disproved the European theory that the interior was not populated.



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Out and about

A quick guide to Papua New Guinea, from catching a taxi to making a phone call.



CLIMATE

With the exception of the Highlands, PNG has a warm tropical climate. The wet season in Port Moresby is from December to April.

COMMUNICATIONS

Internet: Web access in Port Moresby has improved immensely in recent years. Although it remains costly, all the Port Moresby hotels listed in this guide provide a fast-speed internet service. In other urban centres, you may still be relying on dial-up. For those staying longer, wireless internet, via a USB modem is available, although download speeds can vary.

Phone: International mobile phone roaming is possible in PNG but it is costly. A cheaper option is to buy a local SIM card and prepaid credit (including data packs for smartphones).

It is much cheaper to make international calls from PNG than vice versa.

ELECTRICITY

The current in PNG is 240V AC 50Hz, using Australian-style plugs.

GETTING AROUND

As a general rule in PNG, you need to plan your travel carefully.

Taxis: Recommended firms are Comfort (325 3046) and Scarlet (7220 7000).

Car hire: Deal with one of the international names and ask them to provide a driver



(around PGK400 per day). With the poor state of roads, especially in Lae, 4WDs/SUVs are recommended.

Airport transfers: For arrival/departure in Port Moresby, any of the hotels listed in this guide will provide a complimentary transfer.

Domestic flights: Travelling within PNG often means taking an internal flight (for instance, you cannot drive between Port Moresby and Lae). Air Niugini offers passengers the chance to book (and check in) online but make sure you print out a

copy of your receipt to show at the check-in counter. Aircraft and helicopter charter services are available for travel to remote locations

HEALTH

Serious medical conditions typically require treatment outside the country. Travellers should ensure they have adequate health cover (the cost of medical evacuation alone can reach US\$30,000). Visitors should also note that malaria is prevalent in PNG and there have been cases of measles and tuberculosis in some parts of the country.

MONEY

PNG's currency is the kina (PGK). ANZ and Bank of South Pacific (BSP) have branches at Port Moresby's international airport. ATMs are located around Port Moresby, Lae and other urban centres.

SAFETY

While the situation is not as bad as portrayed by some international media, you should always take precautions, especially at night.

TIME ZONE

PNG has a single time zone, 10 hours ahead of UTC/GMT.

EATING, DRINKING, SOCIALISING IN PORT MORESBY

Airways Hotel: Port Moresby's ritziest hotel has several places to eat. If you're after fine dining, Bacchus is the place to go. For something more casual, go poolside, where Deli KC's serves antipasto, salads, sandwiches, milkshakes, espresso and a limited Italian menu for dinner. The Poolside Bar should not be missed for its garlic prawns. The Vue Restaurant, which has a buffet each morning and evening, as well as an a la carte menu,





has stunning views. This is also the place for traditional rectangular, wood-fired Italian pizza. See airways.com.pg.

Aviat Club: The club is open for breakfast, lunch and dinner. Home-style meals include stir-fries, toasted sandwiches and salt-and-pepper prawns. The burgers and the fish and chips are spectacular. This is a great spot to sit at lunchtime under the shady mango trees, or in the air-conditioned bar. See aviat.com.pg.

Cafe on the Edge: There are good hamburgers here and breakfast options such as eggs benedict, avocado and the best crispy bacon. The servings are generous. It is one of the few cafes in town that opens early;

you can grab your first cuppa from 6.45am. Located under the residential buildings on the new Harbour City development, down behind the ANZ and BSP bank. See facebook.com/CafeOnTheEdge.

Crowne Plaza Hotel: There are multiple eating options at Crowne. The in-house restaurant includes a buffet for breakfast (eggs cooked to order), as well as lunch and dinner. It's one of the few restaurants in Port Moresby with gluten-free choices. The hotel also has fine dining at the Rapala restaurant, where the steaks and garlic prawns are impressive. Old-fashioned crepes suzette makes an appearance here, too, and is cooked at your table.

Daikoku: The extensive Japanese menu has teppanyaki, donburi

bowls and a large range of sushi. Tucked away above the SVS shopping centre in Harbour City, chefs will whip up your meal at your table. The teppanyaki menu includes several courses, so come with an empty stomach. See ourportmoresby.co/things-to-do/archives/daikoku.

Duffy Cafe, Gabaka Street:

This has rapidly become popular among the expat community, with excellent coffee and homemade cafe-style food. See facebook. com/duffypng.

Dynasty at Vision City: This may be the biggest restaurant in Port Moresby. Its size, its chandeliers and its gold decor make it a favourite for balls, dinners and parties. The menu is huge, too, with pages of

Asian dishes. Don't miss yum cha on Sunday mornings. See ourportmoresby.co/things-to-do/archives/dynasty.

Fusion: This is one of the newer restaurants in the city and always seems to be doing great business. It's Asian with a fusion of flavours from China, Thailand and Vietnam. Takeaway available.

Grand Papuan Brasserie:

The funky Grand Papua Hotel bar serves up cocktails and has a decent wine list, along with some tasty tapas-style bar food. Grab a seat in one of the huge, black leather chairs or head to the Brasserie, which has a nightly buffet. The a la carte menu is good and the steaks are delicious. See grandpapuahotel.com.pg.





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+6/5 /045 5

a usus balissons not

Lamana Hotel: The hotel's restaurant has a daily soup and salad buffet lunch, with your choice of main and a drink. There is an Indian buffet night on Thursdays. See lamanahotel.com.pg.

Royal Papua Yacht Club:

Relaxed, spacious and open to non-members. Comfort food, draught beer and an open-plan bar area showing sport on large screens. If it's too busy, try the Aviat Club in nearby Konedobu. See rpyc.com.pg.

Seoul House: This restaurant specialises in Korean and Thai food, cooked on the hot plate right in front of you. Seoul House is tucked away in a garden oasis compound in Five Mile. Tel +675 325 2231

Tasty Bites: This is the newest restaurant in Port Moresby, serving Indian and tucked away in the town centre in Hunter Street near Crowne Plaza. You won't get a table unless you book. Tel +675 321 2222.

Vision City: PNG's first major shopping mall houses an increasing array of eateries. The cavernous Dynasty (Chinese) and the Ten (Japanese) are stand-outs. See ourportmoresby.co/things-to-do/archives/dynasty.

HOTELS

Airways Hotel

PNG's only top-tier hotel, Airways is located within a large, secure compound next to Jacksons International Airport. An inspiring setting, luxurious rooms and excellent service. See airways.com.pg.

Crowne Plaza

Upmarket rooms and suites in the heart of the CBD. Decent gym, business centre, undercover parking, thriving café and Mediterranean restaurant.
Tel +675 309 3329.

Ela Beach Hotel and Apartments

On the fringe of the CDB, this constantly expanding hotel/ apartment complex is part of the Coral Sea Hotels group. Its main eatery is popular at lunchtime. See coralseahotels.com.pg.

Gateway Hotel

Another member of Coral Sea Hotels, this time located next to the airport. A range of amenities include Port Moresby's largest dedicated meeting space. See coralseahotels.com.pg.

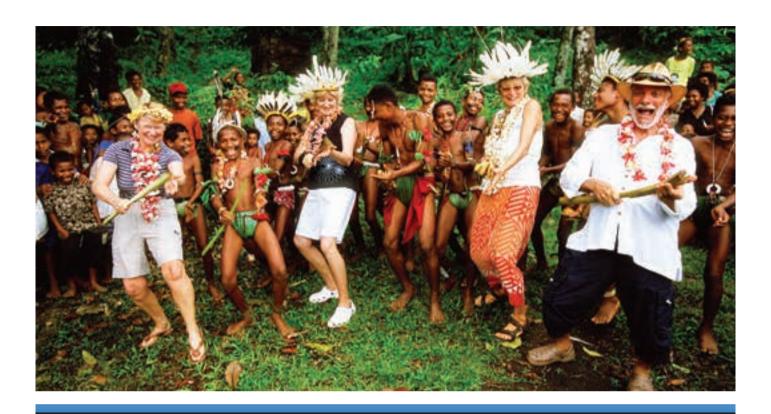
Grand Papua

Port Moresby's newest premium hotel opened in late 2011. The hotel features 156 suite rooms (short and long stay), an executive floor, gym and conference facilities. The separate restaurant and bar areas are popular venues for business meetings in town. See grandpapuahotel.com.pg.

Holiday Inn

Located in the government district of Waigani. Large grounds with walking track, in a tropical garden setting. Outdoor restaurant dining and bar area, business centre and gym. Recently expanded to include a three-star





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Holiday Inn Express hotel (Port Moresby's newest hotel). Tel +675 303 2000.

Laguna hotel

The Laguna is the latest hotel to open in Port Moresby, providing high-end facilities. The 60-room property is a five-minute drive from the heart of Port Moresby and features a lagoon-style pool, free airport transfers, free WiFi and free buffet breakfast. Tel +675 323 9333.

Lamana Hotel

Also in Waigani, this modern hotel's facilities include the popular Palazzo restaurant (steaks, pizzas and Indian cuisine), business centre, conference facilities and fashionable nightspot, the Gold Club. Tel +675 323 2333.

LAE

In PNG's industrial hub of Lae, the Lae International Hotel has

a secure, central location, pleasant grounds, cable TV and several dining options. Tel +675 472 2000, see *laeinterhotel.com.pg*.

The smaller Lae City Hotel has quickly established a good name since opening in 2013, but be sure to make a reservation well in advance, laecityhotel.com.

Finally the Melanesian Hotel, part of the Coral Sea Hotels group, also provides business-standard hotels in several other urban centres.

HELPFUL WEBSITES

Air Niugini, airniugini.com.pg

Business Advantage PNG, businessadvantagepng.com

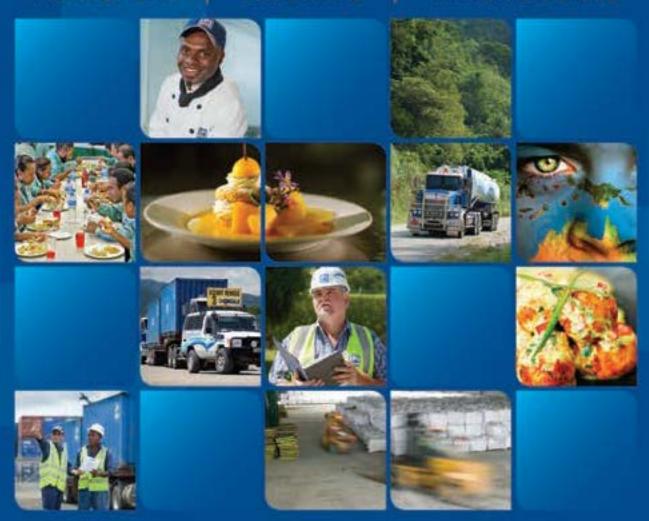
PNG Tourism Promotion Authority, papuanewquinea.travel

Port Moresby Chamber of Commerce and Industry, www.pomcci.com ■



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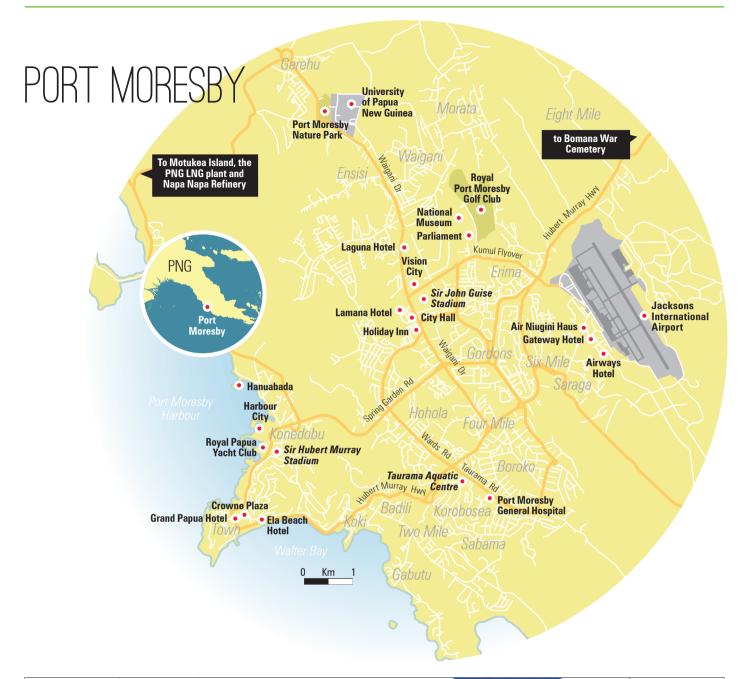
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Telikom PNG offers a comprehensive range of telecommunication products and services to cater for all communication needs. With more than 50 years of experience, we have established extensive network infrastructure around the country to deliver voice, internet and data services conveniently. Telikom is your business partner for business communication solution.

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Enjoy our Bird of Paradise in-flight service

Please ask us

If there is anything our cabin crew can assist you with during your flight, please do not hesitate to ask them.

Hand luggage

Please ensure that your carry on luggage is placed in the overhead locker or under the seat in front of you.

Takeoff and landing

Ensure that your seat is in the upright position during takeoff and landing. Folding tables must be returned to their original position in the seat back or the armrest.

Safety first

Your seat belt must be securely fastened during take off and landing or whenever the seat belt sign is on. When the seat belt sign is off you may move about the cabin as necessary. However while seated, keep your seat belt fastened securely in case of unexpected turbulence.

Electronic equipment

Cellular telephones, TV receivers or radio controlled devices are not to be used at any time on board an aircraft. Electronic devices such as portable computers, compact discs or cassette players and video games can be used only when the seat belt sign is switched off.

Children and babies

The cabin crew will also be pleased to assist in preparing your baby's food and bottle. Baby food and diapers are also available. Please do not hesitate to ask our friendly cabin crew.

5moking

Smoking is not permitted on any Air Niugini flight.

Entertainment

A selection of movies and music including classical, modern, country and local are available on international services.

Pillows and blankets

On international flights, pillows and blankets are available on request from our cabin crew.

Cuisine

Our in-flight* meals have been specially prepared for your enjoyment. If you require a vegetarian meal or you are on a special diet, child or baby food, please inform us when making your reservation.

In-flight Duty Free

During the flight take some time to look through our In-flight Duty Free brochure located in your seat pocket. Duty free purchases can be made after Meal Service. All major credit cards are accepted.

Immigration and Customs Forms

During your flight, our cabin crew will distribute immigration and Custom forms before each landing point. Ensure that you carefully read and complete these documents and have them ready for inspection with your passport at the immigration and Customs arrival counters.

Before you leave

Please check your seat pocket and overhead lockers before you disembark to ensure you have not left any items of value. We look forward to seeing you when you next fly with us on our Bird of Paradise Service.



Air Niugini fleet



B767-300ER - Boeing

Length: 59,9401 Wingspan: 47,57m Range: 8100km Cruising speed: 65 /liph Power plant: 2 x PV/4000 Normal altitude: 11000 - 12000m Standard seating capacity: 714 Number of aircraft in fleet: 2



B737-700 - Boeing

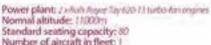
Length: 33.60 Wing span: 35.79m Range: 6370km Cruising speed: 83/3/ph Power plant: 2 x CFMS6 - 7822 Normal altibude: 11300m Standard seating capacity: 127 Number of aircraft in fleet: /



F70 - Fokker

Length: 30.91m Wing span: 28/28m Range 3410km Cruising speed: 74 3/g/s

Normal altitude: 11000m Standard seating capacity: 80 Number of aircraft in fleet: 1





B737-800 - Boeing

Lengthu 39.5m Wing span: 35.79m Renge: 8100km Cruising speed: 65/3ph Power plant: 2 x CFM56 - 7836 Normal altitude: 7 / 300m Standard seating capacity: 758 Number of aircraft in fleet: 2



F100 - Fakker

Length: 35.528m Wing span; 280%m Range: 3000km Cruising speed: 780kph Power plant: 7 x Holh Royce Try 650 Normal altitude: 11000m Standard seating capacity: (4) Number of aircraft in fleet: 7



DASH 8-Q400 NextGen - Bombardier

Length; 32-571 Wing span: 28-4m Range: XXXXIII Cruising speed: 6/Dkg/r Power plant: 2 x Prott & Whitney PW150A Normal altitude: 7500m Standard seating capacity: 34 Number of aircraft in fleet: 6



Falcon 900EX - Dassault

Length: 2021/m Wing span: (ILLI)m. Range: 4500inm Cruising speed: 650mph

Power plant: 3 x Flooryweil TFE/31 Maximum altitude: \$1000ft Standard seating capacity: 12 Number of aircraft in fleet: I

Your health inflight

At Air Niugini we care about your comfort and safety. We have included the following information about your health in-flight that we hope you will find helpful and useful.

When you are flying you can be seated and be inactive for long periods of time. The environment can be low in humidity and pressurised up to an altitude of 2240 metres above sea level. Unlike other forms of transportation, air travel allows for rapid movement across many time zones, causing a disruption to the body's "biological clock". Although these unique factors do not pose a health or safety threat to most passengers, there are guidelines you can follow that will improve your comfort level, during and after a flight. We hope the following recommendations will help you have a more pleasant flight today and in the future.

Blood Circulation/Muscle Relaxation

When you're sitting upright in a stationary position for a long period of time, several things can happen.

The central blood vessels in your legs can be compressed, making it more difficult for the blood to get back to your heart.

The long inactivity of your body muscles in this position can result in muscle tension, back aches or a feeling of excessive fatigue during, or even after, your flight.

A stationary position inhibits the normal body mechanism for returning fluid to your heart, and gravity can cause the fluid to collect in your feet. This results in swollen feet. after a long flight.

Studies have concluded that prolonged immobility may be a risk factor in the formation of clots in the legs (DVT - deep vein thrombosis). Particular medication and medical conditions may increase the risk of formation of clots if associated with prolonged immobility.

Medical research indicates that factors which may give you an increased risk of blood clots in the legs include:

- Former or current malignant disease
- Blood disorders leading to increased clotting tendency
- Personal or family history of DVT
- Immobilisation for a day or more.

- Increasing age above 40 years
- Pregnancy
- Recent major surgery or injury, especially to lower limbs or abdomen
- Oestrogen hormone therapy, including oral contraceptives
- Dehydration
- Heart failure
- Trauma
- Varicose veins
- Obesity
- Tobacco smoking

Recommendations

- If you fall into any of these categories or you have any concern about your health and flying. Air Niugini recommends you seek medical advice before travelling.
- Follow our in-flight exercises programme.

letlan

The main cause of jetlag is travelling to different time zones without giving the body a chance to adjust to new night-day cycles. In general, the more time zones you cross during your flight, the more your biological clock is disturbed.

The common symptoms are sleeplessness, tiredness, loss of appetite or appetite at odd hours.

Recommendations

- Get a good night's rest before your flight.
- Arrive at your destination a day or two early, to give your body a chance to become more acclimatised to the new time zone.
- Leave your watch on home time if you're staying at a destination less than 48 hours. Also try to eat and sleep according to your home time.



- Change your watch to the local time if your stay is longer than 48 hours, and try to eat and sleep in accordance with the local time.
- On longer stays, try to prepare in advance, adjust your meal and rest times to be closer to those of your destination.
- Try some light exercise go for a brisk walk, or do some reading if you can't sleep after arrival at your destination. It generally takes the body's biological clock approximately one day to adjust per time zone crossed. Fly direct to minimise flight time. This allows you to relax more upon atrival.

Cabin Humidity/Dehydration

Humidity levels of less than 25 percent are common in the cabin. This is due to the extremely low humidity levels of outside air supplied to the cabin. The low humidity can cause drying of the nose, throat, eyes and it can irritate contact lens wearers.

Recommendations

- Drink water or juices frequently during the flight
- Drink coffee, tea and alcohol in moderation. These drinks acts as diuretics, increasing the body's dehydration.
- Remove contact lenses and wear glasses if your eyes are irritated.
- Use a skin moisturiser to refresh the skin.

Eating and Drinking

Proper eating and drinking will enhance your comfort both during and after your flight.

Recommendations

- Avoid overeating just prior to and during the flight. It is difficult to digest too much food when the body is inactive.
- Drink coffee, tea and alcohol in moderation. These drinks act as diuretics, increasing the body's dehydration.

Cabin Pressunsation

It is necessary to pressurise the outside air drawn into the cabin to a sufficient density for your comfort and health.

Cabins are pressurised to a maximum cabin altitude of 2440 metres. It is the same air pressure as if you were at an elevation of 2440 metres above sea level. The cabin pressure and normal rates of change in cabin pressure during climb and descent do not pose a problem for most passengers. However, if you suffer from upper respiratory or sinus infections, obstructive pulmonary diseases, anaemias or certain cardiovascular conditions, you could experience discomfort. Children and infants might experience some discomfort because of pressure change during climb and descent.

If you are suffering from nasal congestion or allergies, use nasal sprays, decongestants and antihistamines 30 minutes prior to descent to help open up your ear and sinus passages. If you have a cold or flu or hay fever your sinuses could be impaired. Swollen membranes in your nose could block your eustachian tubes-the tiny channels between your middle ear chamber. This can cause discomfort during changes in cabin pressure, particularly during descent.

Recommendations

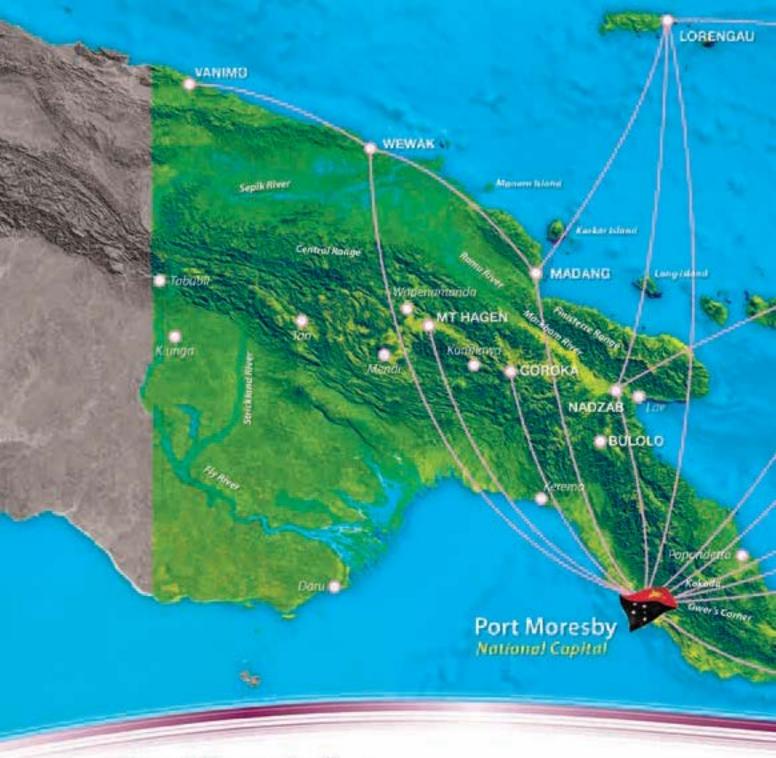
- If you have a pre-existing medical condition that warrants supplemental oxygen, you can order from us. Please give at least seven days notice before traveiling.
- To "clear" your ears try swallowing and/or yawning.
 These actions help open your eustachian tubes, equalizing pressure between your ear chamber and your throat.
- When flying with an infant, feed or give your baby a dummy during descent. Sucking and swallowing will help infants equalize the pressure in their ears.

Motion Sickness

This ailment is caused by a conflict between the body's sense of vision and its sense of equilibrium. Air turbulence increases its likelihood because it can cause movement of the fluid in the vestibular apparatus of the inner ear. If you have good visual cues (keeping your eyes fixed on non-moving object), motion sickness is less likely to occur.

Recommendations

- When weather is clear and you can see the ground, sea or horizon, you are less susceptible to motion sickness.
- You can buy over the counter medications but we recommend that you consult your doctor about the appropriate medications.



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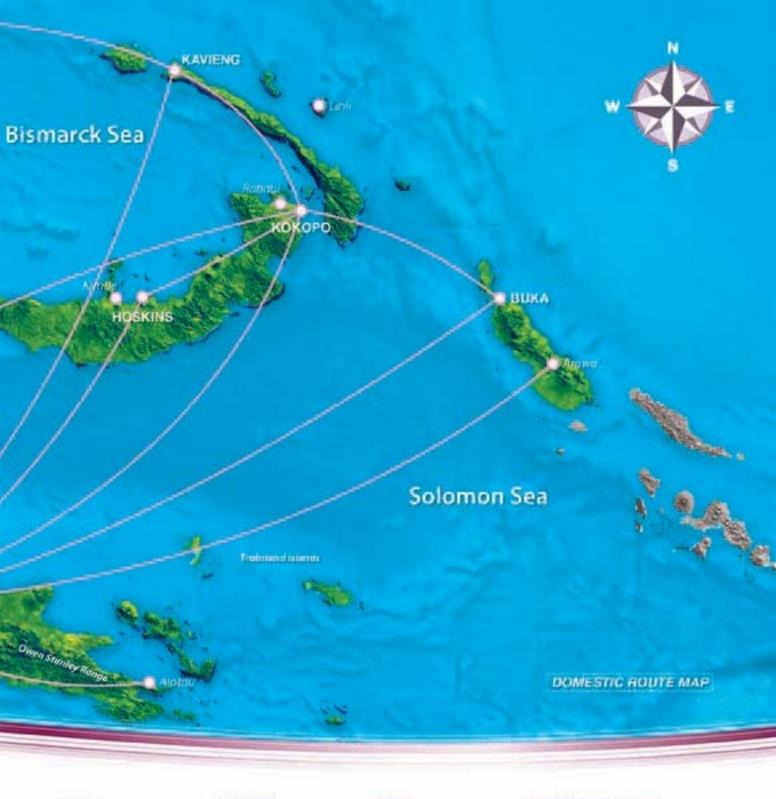
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Fresh area appropriately indicates uses.



These exercises are designed to encourage a safe way to enjoy movement and stretch certain muscle groups that can become stiff as a result of long periods of sitting. They may be effective in increasing the body's circulation and massaging the muscles. We recommend you do these exercises for three or. four minutes every hour and occasionally get out of your seat and walk down the aisles if conditions allow. Each exercise should be done with minimal disturbance to other passengers. None of the following should be performed if they cause pain or cannot be done with ease.













ANKLE CIRCLES

Uit feet of the floor. Draw a circle with toes, simultaneously moving one foot clockwise and the other floot counter clockwise. Hawese cacles. Do each disection for 15 seconds. Repeat if droved

NAME OF THE

Lift leg with knee bent while contracting your shigh muscle. Alternate legs Repeat 20-30 times for each leg.

SHOULDER ROLL

Hunch shouldes forward, then upward, then backward then downward using a gentle croular motion.

ARM CURE

Start with arms held high at 90° angle elbows down, hands out in front flase hands up to chest and back down attensiting arms. Do these exercises in 30 second intervals.

SCHOOL OCCUPANT

Send forward signify.
Clasp hands around left knee and hug it to your chest. Hold saretch for 15 seconds. Keeping hands around knee, slowly let it dows. Alternate legs.
Repeat 10 times.

FORWARD FLEX

With both Ret on the foor and stomach held in slowly, bend forward to walk your furnish down the forst of your legs towards your articles, Hold stretch for 15 seconds and slowly at back up.













OVERHEAD STREET

Rase both arms straight up and over your head.
With one hand grasp the wrist of the coposite hand and gently pull to one side. Hold stretch for 15 seconds. Repeat other side.

SPECIAL DESIGNATION

Reach right hand over left shoulder. Place left hand behind light elbow and gently president violations thoulder. Houlder Hold stretch for 15 vectories. Repeat other side.

NECK ROLL

With shoulden relaxed, drop our to shoulder and gently soll neck furward and to the other side, helding each position about 5 seconds. Repeat 5 times.

Foot motion is in

three stages.

1. Start with both heels on the floor and point test upwints as high as

yoursen

2. Fut both feet flat on the floor & Lift feets high, keeping balls of feet on floor Continue these three stages with continuous motion in 30 second intervals.



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